

Leader: “Teach me your way, O Lord,  
that I may walk in your truth;  
give me an undivided heart to revere your name.” *Psalm 86: 11*

**All: “Teach me wisdom and knowledge,  
for in your commandments I trust.” *Psalm 119:66***

Reader: “Discernment is necessary not only at extraordinary times, when we need to resolve grave problems and make crucial decisions... We need it at all times, to help us recognize God’s timetable... Often discernment is exercised in small and apparently irrelevant things, since greatness of spirit is manifested in simple everyday realities. It involves striving untrammelled for all that is great, better and more beautiful, while at the same time being concerned for the little things, for each day’s responsibilities and commitments.”  
*Pope Francis, Gaudete et Exsultate, #169*

Voice: Where is God calling you to be faithful and patient in large and small ways?

**All: “Teach me wisdom and knowledge,  
for in your commandments I trust.”**

Reader: “It is not a matter of applying rules or repeating what was done in the past, since the same solutions are not valid in all circumstances and what was useful in one context may not prove so in another. The discernment of spirits liberates us from rigidity, which has no place before the perennial ‘today’ of the risen Lord.”  
*Pope Francis, Gaudete et Exsultate, #173*

Voice: How is God calling you to go beyond old ways into a new life and way of being?

(over)

**All:           “Teach me wisdom and knowledge,  
for in your commandments I trust.”**

**God our Father,  
You have a plan for each one of us,  
You hold out to us a future full of hope.  
Give us the wisdom of your Spirit  
so that we can see the shape of your plan  
in the gifts you have given us,  
and in the circumstances of our daily lives.  
Give us the freedom of your Spirit,  
to seek you with all our hearts,  
and to choose your will above all else.  
We make this prayer through Christ our Lord. Amen.**

*Discernment Prayer of the Carmelite Sisters of the Divine Heart of Jesus*