

2011 Lenten Reflections

A Reflection on this Easter Season

Spring! Easter! Resurrection! New Life! The Energy of God!

As persons of faith, this time of year is stunning. If we allow ourselves even a moment of contemplation, we can be humbled and overwhelmed by the beautiful mystery of the reawakening of creation. Our hearts lift with joy as the harbingers of sun and warmth work their springtime magic in us once again, leading us to thank and praise the Holy Mystery – whose love and power should never cease to amaze us, and never be taken for granted.

That very same love and power that brought creation into being – and can leave us awestruck with wonder and gratitude – blew open the tomb that held God's Beloved Child. God's response to Jesus' crucifixion and death was new and endless life. God makes available to us the same transforming power that shatters darkness and death, through the Spirit of Jesus, which God desires to pour out upon us at every moment.

Do we name and claim this Spirit, this Energy of God as our very own, bestowed on us in love and power? If we do, just imagine the channel of God's hope and mercy that we might become for our sisters and brothers.

Let us pray then for one another in the words of the lovely old hymn:

“Spirit of the Living God,
Fall afresh on us.
Melt us. Mold us.
Fill us. Use us.
Spirit of the Living God,
Fall afresh on us.”