May your journey toward the cross and encounter with the empty grave slow you down and reawaken you to God's mercy and redemptive power.

May you take time to behold glory at work in each patient, co-worker, loved one and stranger; may you find your faith renewed in the beholding.

May you pause long enough to be awed by creation that you cannot help but lose yourself to a higher perspective.

May you allow eternal love to draw you into the divine inhale and exhale where your whole soul may flourish.

And may you find your place with all the saints proclaiming an unending "Alleluia” until all people on the earth know healing and wholeness through the hope of the Resurrection.

In the name of the Father, the Son, and the Holy Spirit.

Alleluia and amen.