

A Prayer Before a Meal

We pause to give thanks for the blessings of this meal. May the food and our conversation celebrate God's goodness and inspire us to greater service. We thank You, Lord, for gathering us here to share this day and this meal. We are grateful for time with colleagues, for fond memories and the food that has been prepared for us. Keep us mindful of those less fortunate than we and creative in ways to share Your love. Bless us, these gifts and fill us with gratitude and love as we celebrate in Your name. Amen.

-Traditional