



Saint Joseph Hospital | Saint Joseph East

Prayer of Gratitude and Blessing: Person's Name
Date

Invitation to Prayer

Reading/Scripture **TBD**

Naming of Gifts

Blessing (*alter for proper gender pronouns before printing*)

All Blessed are You, Lord our God,
 who gives spice to life with change.

We thank You for the gift of change,
 that gift of newness that opens doors
 closed by habit and routine.

We bless You and thank You as well
 for that which is stable and unchanging,
 for the ancient and traditional
 which give meaning to the new and different.

We ask Your blessing upon [insert name]
 as **he** is about to embark on a new 'journey'.

May You, Holy Guide of Travelers,
 be **his** ever-near companion,
 spreading the 'road' before **him**
 with beauty and adventure.

Free that road from harm and evil,
 and send as their escorts Your holy spirits,
 Your angelic messengers,
 who accompanied the holy ones of days past.

On this journey, may **he** take with **him**
 as part of **his** traveling equipment,
 a heart wrapped in wonder
 with which to rejoice in all **he** shall meet.

continued ►

Along with that clothing of wonder,
may **he** have room in **his** luggage
for a mystic map.

With the aid of this map,
may **he** read the invisible meanings
of the events of this journey:
of possible disappointments and delays,
of possible breakdowns and rainy day troubles.

Always awake to Your Sacred Presence
and to Your divine compassionate love,
may **he** see in all that happens,
in the beautiful and the bad,
the mystery of your holy plan.

We make our prayer with confidence
in your love and care for us.

Amen!

Sung Blessing

MAY GOD BLESS AND KEEP YOU

Christopher Walker

May God bless and keep you. May God's face shine on you.

May God be kind to you and give you peace.

The image shows two staves of musical notation in 3/8 time. The first staff contains the melody for the first line of lyrics, and the second staff contains the melody for the second line. The notes are simple, using quarter and eighth notes, with a key signature of one flat (Bb).

Text: Based on Numbers 6:22-27. Text and music © 1988, Christopher Walker.

Published by OCP Publications. All rights reserved.

Music reprinted under LicenSing Online license #626029.

[[obtain permission for your organization](#)]