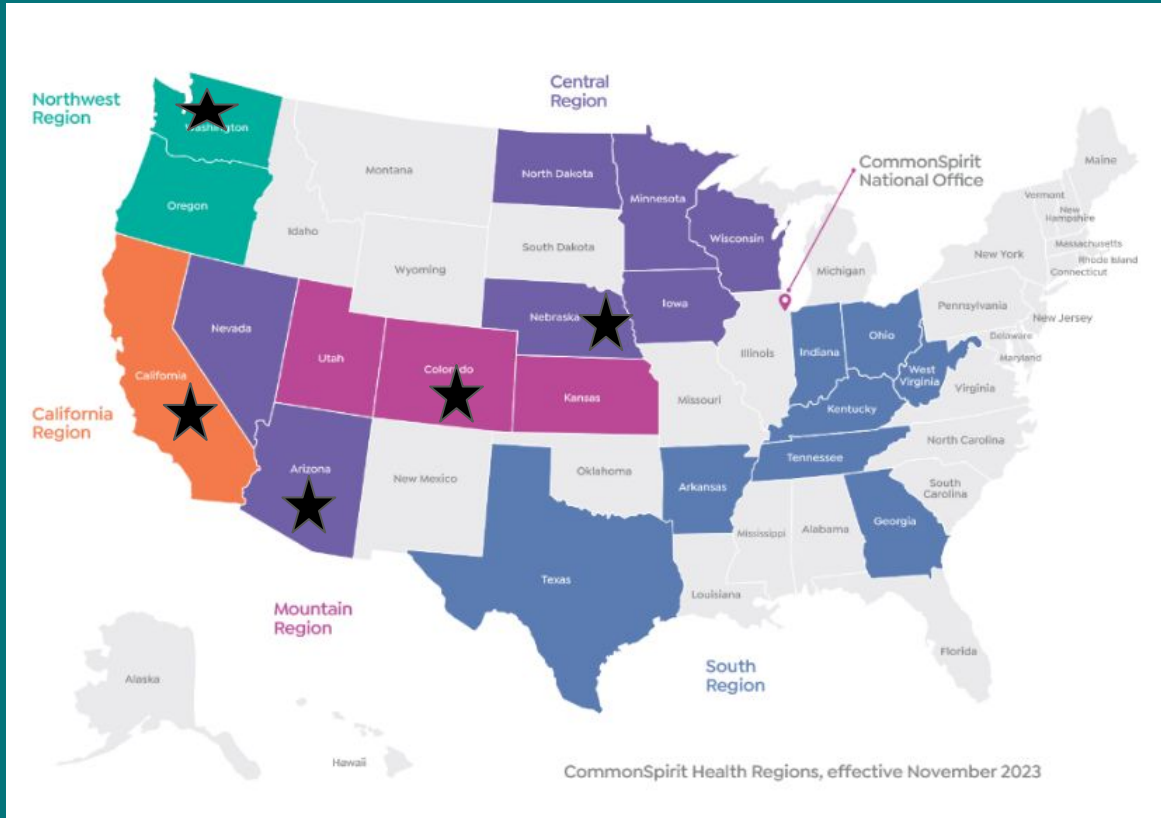


Faith Community Nurse Ministry CommonSpirit Health

Nicki Ayer, MSN, RN-BC
Sys Community Health

February 5, 2025

CommonSpirit FCN Ministries



CommonSpirit support of FCN ministry

Infrastructure and Alignment

- Monthly planning calls with CommonSpirit FCN Coordinators
- Transition to one documentation system
- Development of FCN Playbook
- Produce a system-level FCN annual report
- Aligned our strategic initiatives around CHNAs and CommonSpirit priorities

Program Growth

- Work collaboratively with stakeholders to leverage and scale best practice programs in the system
 - CommonSpirit Community Health initiatives
 - FCN Programs

Center for Faith/Health Partnerships

Dignity Health – Arizona

Denise Viker, BSN, RN | Network Coordinator

Faith, Activity, Nutrition (FAN) program

Curriculum for Christian faith communities

Developed and researched by University of South Carolina



Congregational Health Ministries Network

Virginia Mason Franciscan Health

Puget Sound Market, Washington

Jennifer Fletcher, BSN, RN | Network Coordinator

Healthy Heart Self-Monitoring Blood Pressure Program

- 16-week program supporting SMBP, and heart health education and coaching by FCNs.
- Care offered to individuals where they are and by trusted messengers, addressing barriers such as transportation, housing instability and access to care.

Goals included:

- Increase faith community, individual, and care provider engagement in BP management.
- Increase the number of people who can accurately take their own BP.
- Decrease the number of people with uncontrolled BP.

Outcomes:

- Overall decrease in both systolic and diastolic BPs during the 16-week program.

FCN Neighborhood Nurse Program

Penrose St. Francis, Colorado Springs, CO

Velda Baker, BSN, RN; Mindy Castro, RN; Janet Laird, MSN, RN

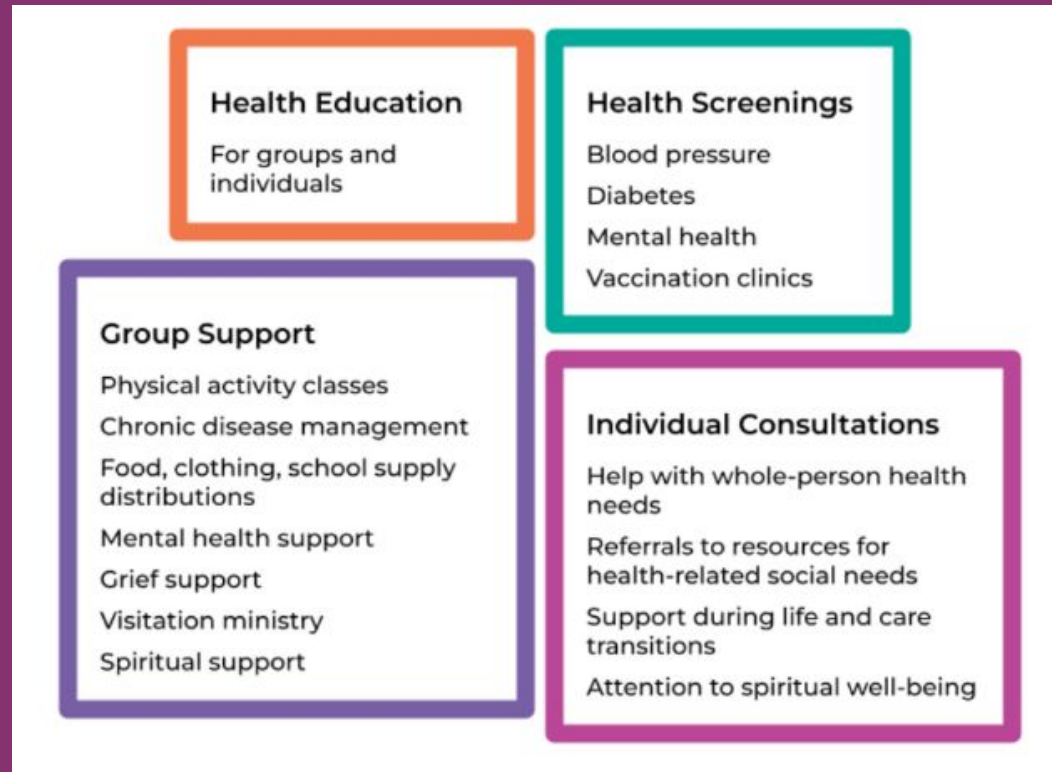
1st & 2nd Q Numbers: \$60,214

- 1st time visits: **122**
- Follow up visits: **218**
- AFAP: **34 \$31,143**
- Rx assist: **37 \$1,504**
- Prof Assist/CoPays: **\$18,779**
- DME: **\$1,138**
- Transportation: **\$148**
- ER and Dr office avoidance: **\$6000**
(\$1,000/visit or \$500/visit)
- Students: **12** and volunteers: **2**



Collective Impact

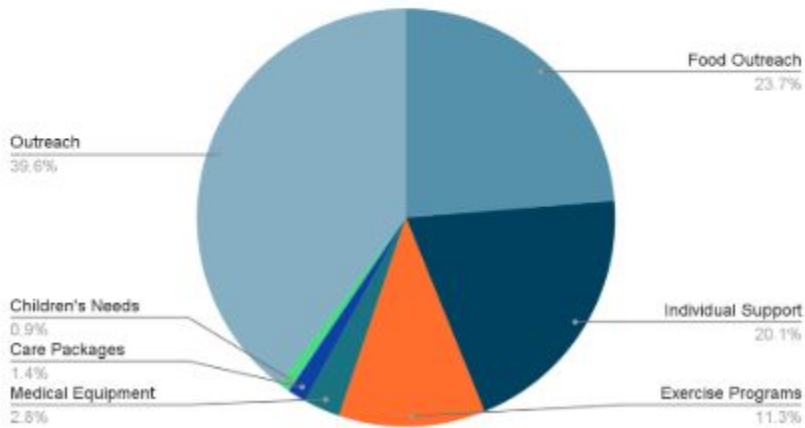
- Documented 16,967 hours of service
- More than 79,000 points of contact



FCN Ministry Impact

Documented cost savings of \$583,041 for clients, our health system and payors as a result of the support provided by faith community nurses and health ministers.

2023 Cost Savings to Individuals and Groups Served



Collective return on investment for 2023, including in-kind services and cost savings totalled \$1,166,641.

[FY 24 FCN Annual Report](#)

FY2026 Goals

- CommonSpirit to offer virtual Foundations of FCN course
- Diabetes Empowerment Education Program (DEEP)
 - Offer DEEP Facilitator Training to our network members
 - They will offer community DEEP workshops
 - Explore referral pathways for CommonSpirit providers
 - Explore community partners who may provide stipends for DEEP facilitators

Contact Information

Nicki Ayer

Faith and Health Partnerships &
Faith Community Nurse Ministry
CommonSpirit Health – Sys Community Health
nicole.ayer@commonspirit.org

Jennifer Fletcher

Congregational Health Ministries
Virginia Mason Franciscan Health– Washington
jennifer.fletcher900@commonspirit.org

Denise Viker

Coordinator– Center for Faith/Health Partnerships
Dignity Health– Arizona
denise.viker@commonspirit.org

Velda Baker

Neighborhood Nurse Program
CommonSpirit Penrose – St. Francis– Colorado
velda.baker@commonspirit.org

[Blood Pressure Screening in Faith Communities: A Quality Improvement Project – 2022](#)

[Faith Community Nursing: Real Care, Real Cost Savings – 2014](#)