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Injured student athletes receive free examination at CHRISTUS Orthopedics Sports Medicine Center

(SAN ANTONIO, TX – August 26, 2016)— From ankle sprains to possible concussions, student athletes who are injured on the field of play can receive immediate attention by attending a free sports clinic on Saturday mornings. Physicians volunteer their time and talent at the CHRISTUS Orthopedics – Sports Medicine Center located in Alamo Heights, offering exams to students from 6:00 a.m. until 9:00 a.m.

The physicians offer not only free consultations, but prescriptions and referrals for further tests, should an X-ray, CT scan, or MRI be necessary.

“Too often, these kids won’t complain and will go days nursing a sore shoulder, neck, head, or knee injury,” said Dr. Matthew Murray, orthopedic specialist, CHRISTUS Orthopaedics & Sports Medicine – San Antonio. “By seeing them on a Saturday morning after a game or event, there’s a good chance we can avoid further damage to the bone or joint.”

Besides physicians, other CHRISTUS Associates including nurses, lab techs, and physical therapists give of their time to make sure students are provided compassionate care during their visit. These Associates make Saturday morning clinics a priority away from their normal work-week at CHRISTUS Santa Rosa Hospitals in Medical Center, Westover Hills, and Alamo Heights. Often, the athletes they care for don’t have access to traditional models of care or cannot afford an ER visit.

“School and work schedules can make it hard for these students to make doctor appointments during the week,” said Sports Medicine Center volunteer Imelda Sanchez, MSN, RN, who is the Nursing Director at CHRISTUS Santa Rosa Hospital – Medical Center. “Saturdays are convenient, and we see athletes in football, volleyball, basketball, track and field, and other sports across the region bring in their aches and pains. We are happy to help, as we extend the healing ministry of Jesus Christ.”

The CHRISTUS Orthopedics – Sports Medicine Center is located at 423 Treeline Park, Third Floor, in the building adjacent to the short stay surgical Hospital. Physician exams begin at 7:00 a.m. A parent, guardian, athletic trainer, or coach must be present with the athlete at the Clinic, which will be open every Saturday during the school year. For more information, call 210.829.2675 or visit www.christussantarosa.org/sports.

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About CHRISTUS Santa Rosa Health System

Founded in 1869 by the Sisters of Charity of the Incarnate Word of Houston and San Antonio, CHRISTUS Santa Rosa is a Catholic, faith-based, nonprofit health and wellness ministry dedicated to extending the healing ministry of Jesus Christ and providing the highest quality medical care and services available. As one of the top health care organizations in South-Central Texas, CHRISTUS Santa Rosa has five hospital campuses. The Children’s Hospital is located in downtown San Antonio. We also have hospitals located in the South Texas Medical Center, New Braunfels, Westover Hills, and a surgical hospital in Alamo Heights. CHRISTUS Santa Rosa Health System also owns a majority interest in CHRISTUS Santa Rosa Physicians Ambulatory Surgery Centers – San Antonio, LLC, a joint venture physician partnership which is comprised of two outpatient surgery centers in San Antonio with facilities in Stone Oak and the Medical Center. Additionally, CHRISTUS Santa Rosa Health System owns a majority interest in the CHRISTUS Santa Rosa Physicians Ambulatory Surgery Center in New Braunfels, a joint venture physician partnership. CHRISTUS Santa Rosa is the official health system of the San Antonio SPURS. For additional information on CHRISTUS Santa Rosa, visit www.christussantarosa.org. Find us on Facebook at www.facebook.com/christussantarosa and follow us on Twitter at <http://twitter.com/CSRHS>.