



**HSHS
St. Mary's
Hospital**

NEWS RELEASE

For Immediate Release

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HSHS ST. MARY'S HOSPITAL ANNOUNCES 2016 FRIDAY NIGHT CLINIC

(DECATUR, IL)—The Sports Medicine Clinic at HSHS St. Mary's Hospital offers athletes an option when it comes to their game night injuries. The Friday Night Clinic starts at 9:00 pm each Friday night during football season. The clinic is staffed by sports medicine physician, Scott M. Bilyeu, MD, and an entire team specially trained in sports injury care.

"This clinic is unique because we will be in contact with the athletic trainer already at the game and will have the most accurate information when you need it the most," says Bilyeu.

Friday Night Clinic runs from Friday, August 26 through the end of the High School football season in the Medical Arts Building on the HSHS St. Mary's Hospital campus - 1900 E. Lake Shore Drive, Suite 150.

No appointment is necessary; however, to expedite care, we encourage you to phone in with an estimated arrival time. Please call the clinic while in route or with any problems getting to the clinic at 217-464-5970.

Benefits of the clinic include:

- Expedited Sports Injury Care, overseen by a team specially trained in sports injury care.
- AthletiCare trainers are on site at games to help determine if immediate care is recommended.
- Direct communication between the Sports Medicine Clinic and AthletiCare trainers at St. Mary's to speed up your recovery and therapy.
- Program designed to get the athlete back in the game as quickly and as safely as possible.

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ABOUT HOSPITAL SISTERS HEALTH SYSTEM

Hospital Sisters Health System's (HSHS) mission is to reveal and embody Christ's healing love for all people through our high quality, Franciscan health care ministry. HSHS provides state-of-the-art health care to our patients and is dedicated to serving all people, especially the most vulnerable, at each of our 13 Local Systems and physician practices in Illinois (Belleville, Breese, Decatur, Effingham, Highland, Litchfield, and Springfield) and Wisconsin (Chippewa Falls, Eau Claire, Oconto Falls, Sheboygan, and two in Green Bay). HSHS is sponsored by Hospital Sisters Ministries, and Hospital Sisters of St. Francis is the founding institute. For more information about HSHS, visit www.hshs.org. For more information about Hospital Sisters of St. Francis, visit www.hospitalsisters.org.

ABOUT HSHS ST. MARY'S HOSPITAL

Founded in 1878 by three Hospital Sisters of St. Francis, HSHS St. Mary's Hospital is a 244-bed, all private room health care facility that combines modern technology with the caring spirit of the original founders. St. Mary's is situated on an attractive 21-acre campus overlooking Lake Decatur and offers a broad spectrum of comprehensive health services, including the latest diagnostic equipment, interventional cardiology, surgical and medical intervention, emergency medical care, outpatient radiation therapy, pain management and a sleep center. St. Mary's also offers a wide range of community education and wellness programs. The hospital also has both a unique intergenerational day services program and the community's only provider of hospital-based behavioral health services for all ages. Learn more by visiting www.stmarysdecatur.com.