



1996 ACHIEVEMENT CITATION WINNERS AND NOMINEES

The Achievement Citation is the highest honor bestowed by the Catholic Health Association of the United States. The CHA Board of Trustees outlines the following purpose for the citation:

The Achievement Citation recognizes those Catholic organizations sponsoring programs, projects, and services which promote Christian community and the dignity of persons; have created a movement of influence or impact in the delivery of health services over and above ordinary community service programs, projects, and services; and serve as a model for others to emulate.

IN 1996, TWO OUTSTANDING PROGRAMS ARE HONORED
WITH THE ACHIEVEMENT CITATION:



*Mercy Mobile Health Care
Saint Joseph's Health System
Atlanta*



*Violence Prevention Program
Holy Cross Medical Center
Mission Hills, CA*

**Mercy Mobile
Health Care**

**SAINT JOSEPH'S HEALTH
SYSTEM**

Atlanta

Contact Nancy M. Paris
404-249-8143

Fully equipped medical units bring services and education to those excluded from the mainstream health system.



Mercy Mobile Health Care of Saint Joseph's Mercy Care Services has used five mobile vans and two fully equipped medical units to bring primary care, social services, and education to thousands of people excluded from the mainstream health system. Providing services in English, Spanish, Cambodian, and Vietnamese at 29 shelters, clinics, housing communities, and other sites, the paid staff of 97 and volunteer staff of 356 provide a continuum of services built on the precepts of mobility, multiculturalism, and collaboration.

Responding to the homeless community's alarmingly high rate of HIV infection, Mercy Mobile Health Care provides services that include a multisite HIV testing and counseling program, HIV primary care, case management, and nutritional support, in addition to the Edgewood, a 46-unit

residence for homeless and low-income persons with HIV/AIDS.

To help low-income women and children access health services, the program has joined with Grady Memorial Hospital, the major public hospital in Atlanta. Grady nurse-midwives and a social worker are stationed at the mobile clinics to identify pregnant women, initiate care, and facilitate access to Grady Memorial.

Mercy Mobile Health Care's objectives include improving access to comprehensive primary care services, increasing financial stability through a newly initiated Medicaid billing system, expanding links with public and private partners, responding to emerging healthcare needs of specific population groups, and establishing connections between the healthcare and faith communities.

Mercy Mobile Health Care began as a community-wide coalition of more than 20 public and private agencies and is now an

active partner with, among others, Grady Memorial Hospital, Central Health Center, AID Atlanta, the Task Force for the Homeless, Corporation for Supportive Housing, Georgia Department of Human Resources, health departments, and Emory University. More than half the mobile clinic sites are church-based, reflecting Mercy Mobile Health Care's commitment to linking physical and spiritual well-being.

In its dedication to developing innovative programs that meet special healthcare needs, Mercy Mobile Health Care fills a gap in the primary care network that otherwise would leave many without needed services.

Violence Prevention Program

HOLY CROSS MEDICAL CENTER

Mission Hills, CA

Contact

Sr. Beth McPherson, CSC

818-898-4677

Volunteers paint out graffiti—one of the program's many antiviolence activities.



When leaders at Holy Cross Medical Center realized that 88 percent of the charity care dollars spent in its emergency room was spent on victims of violence, the hospital decided to become an agent for prevention rather than intervention. A year ago the Violence Prevention Program initiated activities to increase community awareness of violence, started a program to paint out graffiti, and began a theater program to educate youth on the impact of violence.

Today, the program has significantly expanded its initial activities, seeking different partners and reaching into the community with a comprehensive plan to educate youth, form a coalition of providers, and change the lives of gang members who receive care at Holy Cross.

Emphasizing community collaboration, the Violence Preven-

tion Program engages in three main activities to achieve its objectives: the L.A. Times in Education project, the Northeast San Fernando Valley Violence Prevention Coalition, and Holy Cross's Gang Intervention Program.

The L.A. Times in Education project, a collaboration among Holy Cross physicians and staff, the Los Angeles *Times*, and the Constitutional Rights Foundation, developed and distributed an antiviolence curriculum, Civic and Personal Responsibility (CPR), for grades 5 to 8. The project has reached nearly 400 teachers and 20,000 students.

The Northeast San Fernando Valley Violence Prevention Coalition is a collaborative effort among Holy Cross; L.A. City Councilman Richard Alarcon; and 45 community-based organizations, law enforcement agencies, schools, youth groups, churches, and business representatives. The

coalition brings together various groups to prevent violence in the surrounding community.

Established by hospital social work staff collaborating with community-based organizations and former gang members, Holy Cross's Gang Intervention Program identifies patients who have characteristics of gang involvement or membership and offers them the opportunity to speak to a former gang member about leaving the gang. The intervention begins during the hospital stay and is continued after discharge.

Violence invades the emergency room at Holy Cross Medical Center; it is the number one public health issue of the time. The Violence Prevention Program arises from the mission statement of the Congregation of the Sisters of the Holy Cross, "Compassion moves us to reflect on the signs of the times, discern needs and respond."

**1996 Achievement
Citation Nominees**

CARING FOR
ADOLESCENTS AND
YOUNG ADULTS

**ANTI-SUBSTANCE ABUSE
PUBLIC SERVICE CAMPAIGN**

Mercy Hospital
Springfield, MA
Providence Hospital
Holyoke, MA
Contact Wendy A. Taylor
413-748-9706

Project specialists from Mercy Hospital and Providence Hospital led students from three diocesan high schools in creating story boards and scripts for television commercials with an anti-substance abuse message. *One script from each school was produced and aired on WWLP-TV.* The advertising schedule included placements during a popular high school quiz show. Participants and their teachers were recognized at a dinner attended by hospital officials, school principals, parents, and media representatives. The project has begun developing public service announcements for radio, and future plans include involving elementary school students in creating print advertising campaigns.

CAREER ACADEMY

O'Connor Hospital
San Jose, CA
Contact Barbara Arden
408-947-2852

The Career Academy is a partnership between O'Connor Hospital and the San Jose Unified School District, providing educational and work training opportunities for youth at risk of leaving school. The Career Academy currently serves 30 students, who spend three hours a day in classroom work on the O'Connor Hospital campus and two hours a day working

in a hospital department. With facilities provided by the hospital and teaching staff provided by the school district, the Career Academy motivates students to complete their high school requirements and learn job skills. The average attendance rate for the 1994-95 school year was 95 percent among students who formerly attended school rarely.

KIDSMART IN SCHOOLS

Dominican Santa Cruz Hospital
Santa Cruz, CA
Contact Sr. Marie Michaela Siplak
408-457-7168

After an informal assessment identified screening, education, and counseling as the top three health needs of children in the community, and with financially strained school systems less able to attend to these needs, the Outreach Services Department of Dominican Santa Cruz Hospital began the KidSmart in Schools program. Piloted in 5 parochial schools, KidSmart now provides selective screenings in 7 private schools and 24 of the 60 public schools in the area's school districts. KidSmart sponsors vision and hearing screenings, health education programs, and health fairs.

KIDS SAVING KIDS

St. Vincent Medical Center
Toledo, OH
Contact Charlotte R. Turin or
Megan M. Manahan
419-252-2002

Kids Saving Kids is a collaborative effort between St. Vincent Medical Center and the city of Toledo aimed at raising awareness of youth violence. The program presents area high school and junior high school students with *national trauma statistics illustrating their risk of becoming victims of violence and dramatizes a resuscitation of a victim suffering from two gunshot wounds.* After the dramatization, teens participate in conflict-resolution sessions and tour a hospital emergency trauma department.

**LEWISTON/AUBURN
ANTI-DRUG COALITION**

Sisters of Charity
Health System, Inc.
Lewiston, ME
Contact Dan Marois
207-777-8719

With a mission to reduce crime and drug and alcohol abuse in its community, the Lewiston/Auburn Anti-Drug Coalition began in 1992 with the understanding that it was not enough to "just say no" to drugs. In addition to informing callers about positive youth activities through a United Way Information Line, the coalition has sponsored youth fairs and produced and distributed a public service video, newspaper ads, and a book cover for local schools. The coalition's goals are to motivate residents to become more involved in their communities, provide education on how to encourage positive behaviors, and foster the implementation of antidrug programs.

THE TEEN ISSUES FORUM

Timken Mercy Medical Center
Canton, OH
Contact Charlene Corlett
216-489-1008

Sparked by the concern of a handful of employees, Timken Mercy Medical Center established the Teen Issues Forum in 1993 to address premarital sex, substance abuse, violence, and firearms as significant threats to adolescents' health and well-being. The Teen Issues Forum educates young teens from Catholic schools in the Canton area and is currently branching out to reach every eighth-grade student in the county.

CARING FOR CHILDREN



CELEBRATION OF
CREATED FAMILIES

Mercy Health Center
Saint Anthony Hospital
Oklahoma City
Contact Ann Kempa
405-752-3757

Celebration of Created Families is a collaborative event sponsored by Mercy Health Center, Saint Anthony Hospital, Associated Catholic Charities, and Oklahoma Adoption Coalition. It honors outstanding adoptive families and adoption professionals, and highlights special adoption needs such as age, the need to be placed with siblings, mental or physical disabilities, or cultural background. The celebration features a panel discussion, an opportunity for one-on-one visits with an adoption counselor, a minidocumentary, and a music video.

CHILDREN'S HEALTH
IMPROVEMENT PROJECT
(C.H.I.P.)

St. Joseph's Hospital
Elmira, NY
Contact Denis P. Sweeney
607-737-1004

To ensure parents get their children immunized on schedule, the Chumung County Health Department and St. Joseph's Hospital Foundation launched the Children's

Health Improvement Project to immunize preschoolers free of charge. The project employed a radio and newspaper campaign to encourage parents to bring their children to free immunization clinics at area schools during registration for prekindergarten or kindergarten, at public housing projects, and at a shopping mall. This strategy was designed to overcome transportation difficulties faced by parents in this rural area. As an outgrowth of the program's success, St. Joseph's Hospital plans to operate a mobile medical health clinic.

PARENT EDUCATION
PROGRAM

St. Vincents Hospital and Medical Center
New York City
Contact Kathleen A. Collins
212-604-7646

St. Vincents Hospital and Medical Center's Parent Education Program reduces child abuse and neglect by providing education, support, advocacy, and referrals to parents of children from birth to three years of age. The program provides a forum for expectant and new parents to increase their knowledge of child development and learn appropriate parenting skills, identifies children at risk for developmental delays, and advocates for parents by coordinating services within the hospital and in the community. Selected in 1994 by the New York State Department of Health Early Intervention Program as a Model Demonstration Project, the program includes a resource room and educational groups for parents and pregnant teens.

PROJECT GROW

St. Vincent Medical Center
Toledo, OH
Contact Charlotte R. Turin or
Megan M. Manahan
419-252-2002

Project Grow was developed by the staff of St. Vincent's Pediatric Clinic in response to a higher-than-expected rate of failure to thrive among the infants served. Because Ohio law considers failure to thrive a problem of severe parental neglect, and because the physical, social, and psychological damage that results from failure to thrive can be irreversible, Project Grow involves parents and families of at-risk children in an educational program aimed at planning and executing strategies for growth recovery. Bowling Green State University, Lourdes College, Lucas County Children's Services Board and Visiting Nurse Service, and Toledo Public Schools collaborate with Project Grow staff to provide these comprehensive services.

PROJECT GUARDIAN ANGEL

St. Vincent Infirmary Medical Center
Little Rock, AR
Contact Laurie Pearson
501-376-2007

Project Guardian Angel immunizes children in day care centers in predominantly poor areas of Little Rock, where only 48 percent to 50 percent of children under age five are appropriately immunized. Staffed by two registered nurses, the project has served 28 day care facilities in the Little Rock area, overseeing approximately 1,300 preschool children on a continuing basis. To overcome barriers to proper immunizations, the project distributes information packets to families of targeted children; answers questions by telephone, mail, or direct contact; and schedules immunizations at the end of the day to allow parents to be involved.

READY TO LEARN

Saint Francis Hospital and Medical Center
Hartford, CT
Contact Paul H. Dworkin
860-548-4455

In response to Hartford's 1989 Health Needs Assessment, which reported that 25 percent to 40 percent of the city's kindergarten students were not developmentally ready for first grade, the Center for Children's Health and Development at Saint Francis Hospital and Medical Center instituted Ready to Learn. Two certified nurse practitioners work within three Hartford elementary schools to screen students for medical conditions that may contribute to academic failure. They also provide more extensive evaluation when necessary and work closely with classroom teachers and special education staff to manage behavioral and medical conditions as they relate to school performance. In addition, a pediatric consultant visits the schools weekly.

SCHOOL PHYSICAL PROGRAM

St. Vincent's Health System,
Riverside Hospital
Jacksonville, FL
Contact Jim Mackie
904-387-7300

The School Physical Program began in cooperation with the Otis Smith Foundation, which invited Riverside Sports Medicine to coordinate an effort to provide child athletes with the physicals required for participation in sports. Using space in an area school, physicians and staff from Riverside Hospital and Riverside Sports Medicine volunteer to provide these physicals to hundreds of children before the beginning of each school year. Many times this is the only medical attention these children receive.

YOUNG PEOPLE'S HEALTHY HEART PROGRAM

Mercy Hospital
Valley City, ND
Contact Sharon E. Buhr
701-845-0440



The Young People's Healthy Heart Program is a cooperative effort of Mercy Hospital, the state and county health departments, and the elementary school system designed to reduce the future incidence of heart disease. The program consists of seven sequential lesson plans to teach kindergarten through grade six students about heart health and how to make behavior changes related to nutrition and exercise. The curriculum provides hands-on activities that stimulate life-style changes, home activities to involve parents, and a unique set of teaching aids consisting of test tubes filled with fat, salt, and sugar. Teachers receive training from a registered dietitian.

CARING FOR MENTAL HEALTH NEEDS

HANDICAPPED WORK PROGRAM

St. Vincent's Health System
Jacksonville, FL
Contact Fred Johns
904-387-7300

Begun in 1989 as a cooperative project with the Jacksonville Chapter of the Association of Retarded Citizens, the Handicapped Work Program has placed four people in jobs at St. Vincent's Medical Center's laundry and environmental services departments. The program's goal is to enable mentally challenged people to develop valuable work skills, earn an income to support themselves, and become contributing citizens of the community. Over the years 23 staff members acting as mentors have contributed to the training and integration of their mentally challenged co-workers.

SUPPORTED LIVING PROGRAM

St. Vincent New Hope
Indianapolis
Contact Robert O. Cannon
317-872-4210

The Supported Living Program offers community-based residential alternatives for men and women with developmental disabilities. Currently in the process of eliminating its Large Intermediate Care Facility for the Mentally Retarded, St. Vincent New Hope is building and renovating homes throughout the greater Indianapolis area for its Supported Living Program. The people served in this program will realize an independence and privacy they could not enjoy in a large residential facility.

CARING FOR
OLDER ADULTS

CAREGIVER TRAINING
PROGRAM

St. Francis Medical Center
Honolulu
Contact Chuck Lyden, Gail
Okamura, or Ken Takeuchi
808-547-6011

The Caregiver Training Program of St. Francis Medical Center helps informal care givers care for their loved ones at home and establishes a community-based resource for the care givers. With an instructor base including social workers, health educators, a geriatric clinical nurse specialist, a physical therapist, a dietitian, and a chaplain, the program offers free courses to families and friends of older adults on stress and coping, grief and loss, assessing problems and identifying emergencies, personal care, safety and mobility, nutrition, and legal issues in care giving.

COMMUNITY OUTREACH
NURSING SERVICE

St. Mary's Hospital
Waterbury, CT
Contact Peggy Moffitt
203-597-3215

Patients with diseases such as diabetes, chronic bronchitis, emphysema, or congestive heart failure often require hospitalization or emergency room treatment as many as six times a year. St. Mary's Hospital Community Outreach Nursing Service home visit program is designed to train older adults with chronic illness and repeat admissions to manage their own treatment. Patients identified through the St. Mary's Hospital information management system are visited by skilled nurses, who help them set goals and develop plans of education and

resource integration. Patients receive help identifying patterns that lead to crisis situations and uncovering preventable causes of their declining health.

END-STAGE DEMENTIA
HOSPICE PROGRAM

St. Camillus Health Center
Wauwatosa, WI
Contact Pat Noonan
414-258-1814

Using holistic approaches, the End-Stage Dementia Hospice Program of St. Camillus Health Center offers an alternative to custodial care of people with end-stage dementia. Designed from data gathered in a study of health center residents, the program provides a nurturing, dignified, safe, and stimulating environment in which residents with advanced cognitive impairment can maximize functional, social, and cognitive abilities and can experience a high quality of life as defined by their individual needs and preferences. Staff members receive a day of education at a local university, along with classes and seminars that lead to institutional certification in dementia care.

THE GALLERY AT MOUNT
SAINT VINCENT

Mount Saint Vincent Nursing
Home
Holyoke, MA
Contact Richard C. Pelland or Sr.
Mary Horgan, SP
413-532-3246

The Gallery at Mount Saint Vincent brings residents of this nursing home together with artists, educators, and other community members in an effort to increase the residents' cultural awareness and participation. Residents can receive art lessons and be involved in every aspect of running a professional art gallery, including



planning artist receptions and cultural programs. In addition, the involvement of a variety of community members increases the socialization opportunities between generations and contributes to the general public's understanding of the normal aging process and of nursing home care.

LOURDES SENIOR SERVICES

Our Lady of Lourdes
Medical Center
Camden, NJ
Contact Raquel Caudraro Ferrer,
Linda Hackett, or Christine Suriano
609-757-3969

Our Lady of Lourdes Medical Center provides assistance to senior citizens through the three programs of Lourdes Senior Services. The Senior Companion Program recruits and pays a stipend to low-income volunteers over 60 years of age who provide nonmedical assistance to frail elderly. Helping Hands recruits volunteers of all ages to provide such nonmedical assistance. Instead of receiving a stipend for their time, these volunteers receive service credits they can use in the event they become



disabled or they can assign to another. Camden Senior Community Support Program provides community-based interventions to prevent unnecessary hospitalizations among the city's impoverished elderly, particularly among the Hispanic population.

THE NEVER TOO LATE PROGRAM

Mount St. Joseph Residence
Laurelhurst Care Center
Portland, OR
Contact Jill Macy
503-232-6193

Because of a high prevalence of older adult alcoholics and a lack of programs to meet their needs, Mount St. Joseph Residence and Laurelhurst Care Center collaborated with county and state agencies to create the Never Too Late Program. Staff in both facilities, from housekeepers to nurses, have attended training sessions and obtained certification as LTC Alcohol Specialists, and residents attend weekly support groups to help them maintain their sobriety. Those in need of nursing home care because of health problems stemming from alcohol abuse are eligible for the program.

PAINT THE TOWN

Providence Centralia Hospital
Centralia, WA
Contact Marge Sage
360-330-8578

To identify residents of the Centralia and Chehalis area whose homes are in need of minor repair and who are without the physical ability or financial resources to make the improvements, Providence Centralia Hospital established Paint the Town. More than 300 employees, physicians, volunteers, children, and neighbors have gathered to repair, paint, and clean up homes in this yearly project. Begun in 1993 with the painting and repair of four residences, Paint the Town has since repaired and painted five additional homes each year.

PROVIDENCE SENIOR INFORMATION AND ASSISTANCE/CASE MANAGEMENT

Providence Centralia Hospital
Centralia, WA
Contact Linda Hughes
360-740-8347

In a county where many older adults are isolated over an area of 2,408 square miles, the Providence Senior Information and Assistance/Case Management program helps older adults receive needed services. Reaching more than 500 clients per year, the program coordinates with state, federal, and private agencies to provide clients with plans of care to meet their needs. The program offers a durable medical equipment bank for clients who cannot afford to purchase such equipment; a fund to assist patients with emergency expenses; home repair assistance through the Paint the Town program; state Title III funds to provide home improvements; and development, with other agencies, of a computerized community resource service.

SPECIAL CARE PROGRAM

Teresian House
Albany, NY
Contact Sr. Susan Fitzsimmons
518-456-2000

The Special Care Program at Teresian House is designed to produce a therapeutic environment that will delay the normal progression of Alzheimer's disease or similar dementias with minimal use of chemical or biological therapies. Social workers, physical therapists, and occupational therapists work with the program's trained geriatric technicians to provide holistic care aimed at improving the quality of life of patients suffering from dementia. Patients participating in the program have shown improved stability and increased levels of socialization.

CARING FOR PERSONS WITH AIDS

ALEXIAN BROTHERS BONAVENTURE HOUSE

Congregation of the
Alexian Brothers
Elk Grove Village, IL
312-327-9921

Bonaventure House, one of the largest residences for people with AIDS in the nation, is a 30-bed facility in Chicago where people diagnosed with AIDS who are homeless or on the verge of homelessness come to live. Responding to statistics from the Chicago Department of Health that one in four people with AIDS in Chicago will need housing during the course of their illness, Bonaventure House provides patients with a private room, a nutritious meal program, medical and psychological case management, substance abuse and pastoral counseling, self-help and support groups, and numerous recreational opportunities.

CARITAS

St. Augustine Manor
Cleveland, OH
Contact Patrick Gareau
216-634-7400

Caritas is a dually certified long-term care unit of St. Augustine Manor that provides AIDS patients with an alternative to more expensive acute care facilities. Patients are treated in a private, secure setting focused on the illness and its complexities. Caritas accepts HIV/AIDS patients from all over Ohio and from all backgrounds.

COMPREHENSIVE CARE CENTER FOR HIV SERVICES

St. Joseph's Hospital and Medical Center
Paterson, NJ
Contact Joseph F. Duffy
201-754-2030

In an area marked by poverty and the poor health associated with it, the Comprehensive Care Center for HIV Services provides AIDS intervention and a wide range of family-focused healthcare services for people infected with HIV. The center includes an on-site Head Start program for children and a residence for HIV-infected orphans and infected children who are not able to return to their families. The center conducts outreach HIV testing and educational programs at several state and county colleges. Its services were developed in cooperation with other community providers, the New Jersey State Department of Health Division of AIDS Prevention and Control, Special Child Health Services, Youth and Family Services, and the AIDS Community Support Care Medicaid Waiver Program.

COMPREHENSIVE CARE FOR PEOPLE WITH INFECTIOUS DISEASES

Saint Michael's Medical Center
Newark, NJ
Contact Leon G. Smith
201-877-5481

Offering a unique and comprehensive complement of services for adults and children with AIDS, TB, and other infectious diseases, the Infectious Diseases Division at Saint Michael's Medical Center combines world-renowned clinical expertise, clinical trials involving new and experimental drug therapies, New Jersey's largest outpatient infectious diseases clinic, and its only designated inpatient infectious diseases unit. In a city ranked fourth in the nation for HIV/AIDS cases per capita, the Infectious Diseases Division reaches beyond the clinical treatment to help patients address complications such as drug abuse, homelessness, and lack of financial support.

HOPE HOUSE

Saint Anne's Hospital
Fall River, MA
Contact Rev. Robert Rochon
508-674-5600

Hope House shelters up to 10 homeless or low-income people with intermediate or end-stage AIDS. It provides food, nutritional assessment and assistance, case management, individual and group counseling, transportation, pastoral care, and 24-hour staff coverage with on-call professional backup. Most important, Hope House provides a family of friends to help fight the loneliness and despair inevitable among AIDS patients.

MERCY CENTER

Schumpert Medical Center
Shreveport, LA
Contact Susan Gibson
318-221-8219

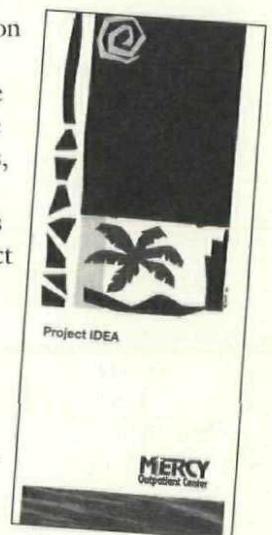
Mercy Center, one of two McKinney Act recipients chosen as a National Demonstration Project in Supportive Housing, is the only supportive permanent housing in northwest Louisiana that targets persons with HIV/AIDS. The residence provides housing for 10 persons living with AIDS. Since opening, it has served 53 AIDS patients, with an average stay of 207 days. The center provides 24-hour attendant care by certified nursing assistants, case management, transportation, recreational activities, individual and group counseling, guest facilities, and the support of an active volunteer organization.

PROJECT I.D.E.A.

Mercy Health System, Inc.
Miami
Contact Maureen G. Mann or
Reuben S. Camp
305-285-2118

To produce a beneficial effect on the immune system and improve the quality of life of AIDS patients, Mercy Health System, Inc., has developed Project I.D.E.A. (Immune Deficiency Exercise Approach). Project I.D.E.A. uses an award-winning cardiac rehabilitation

facility and an interdisciplinary team of physicians, nurses, physical therapists, occupational therapists, dietitians, and exercise specialists in a 12-week program modified to meet the needs of immunosuppressed patients.



CARING FOR TEENAGE PARENTS AND YOUNG PREGNANT WOMEN

HEALTHY MOMS' PROGRAM

St. Mary's Hospital
Rochester, NY
Contact Patricia Hope
716-464-5810

St. Mary's Hospital launched the Healthy Moms' Program to address the growing increase in low birth rates, infant mortality, and teenage pregnancy among Rochester's predominantly African-American and Hispanic population. Designed for the language and cultural needs of its patients, Healthy Moms emphasizes prevention, health promotion, early intervention, access to needed care, avoidance of substance abuse, and empowerment. Services include child-birth education, parenting empowerment, free child care, hot lunches for mothers and their children, transportation, a motivational program, and job readiness and employment services.

KEATING TEENS PROGRAM

St. Mary-Corwin Regional
Medical Center
Pueblo, CO
Contact Mary Walter
719-560-5539

The Keating Teens curriculum, developed by St. Mary-Corwin Regional Medical Center in conjunction with Pueblo's School District 60, addresses the issues facing young pregnant girls who plan to keep their babies. The girls receive instruction from a team of medical professionals and social workers, focusing on access to social and medical services, prenatal healthcare, stress management, coping issues, problem solving, and parenting skills. The program's ultimate goals are to reduce the dropout

rate, eliminate the potential for child abuse and neglect, and help the girls to deliver healthy, full-term babies. Postpartum support for the girls is provided by the nationally recognized Parents as Teachers program.

ST. MONICA HOME FOR PREGNANT ADOLESCENTS

Saint Margaret Mary Healthcare
Centers
Hammond, IN
Contact Christina Ryan
219-933-2074



St. Monica Home helps pregnant teenagers improve the quality of their lives and the lives of their children, both before and after birth. The home serves up to seven mothers and four infants at a time. Residents live at the home full time during their pregnancies and for as long as six months after their children are born. While in the home, residents continue or restart their education and learn job and parenting skills. Counseling and referrals are provided for residents who wish to put their children up for adoption.

SUPPORTING FIRST TIME PARENTS

Rosalie Manor, Inc.
Milwaukee
Contact Pamela Doll
414-449-2868

Supporting First Time Parents, a program of primary prevention for child abuse and neglect, is offered by a consortium of community-based social service agencies throughout Milwaukee County, with Rosalie Manor acting as lead agency. The program offers educational materials for all first-time parents, including a resource guide and a 12-month, age-paced newsletter mailed to the home; a voluntary in-hospital interview; and an offer of home visiting for moderate- and high-risk families. The program, designed to serve its parents from the time their children are born until age 2, attempts to strengthen parenting skills in a culturally sensitive way.

CARING FOR THE POOR AND HOMELESS

CARE-A-VAN

Bon Secours-St. Joseph Hospital
Port Charlotte, FL
Contact Ellis Buckle
941-627-2534

Serving seven southwest Florida counties, the staff of Bon Secours-St. Joseph Healthcare Group's Care-A-Van mobile healthcare unit travel approximately 65,000 miles a year to provide episodic, minor acute, and preventive healthcare services to migrant farm workers and rural poor who would otherwise not receive care. With two staff members fluent in Spanish, Care-A-Van also provides public school physicals, prenatal screening, STD and HIV/AIDS testing, and elderly laboratory health screening in a culturally sensitive manner.

**COMMUNITY HEALTH
OUTREACH PROGRAM**

St. Mary of the Plains Hospital
Lubbock, TX
Contact
Sr. Mary Kathleen Small, CSJ
806-796-6077

The Community Outreach Program of St. Mary of the Plains Hospital reaches thousands of Lubbock's residents, mostly Hispanic, who live below the poverty line and in sections of town designated as Medically Underserved Areas. The program, anchored by the Community Health Center of Lubbock, offers mobile mammography, educational and screening services, and diagnostic laboratory services. Services also include counseling, Parkinson's speech therapy, a prescription program, an AIDS resource center, a Women's Protective Service, and grant development services. The Healthier Communities program works with neighborhood residents to eliminate gang activity and revitalize neighborhoods.

**EACH (ELM AVENUE
CENTER FOR HEALTH)**

Maryview Medical Center
Congregation of Bon Secours
Portsmouth, VA
Contact Sr. Elaine Davia, CBS
804-397-3869

Located in a community church between two low-income housing communities, the Elm Avenue Center for Health was established by Maryview Medical Center, the Congregation of Bon Secours, and Portsmouth General Foundation in response to the absence of a free clinic in Portsmouth. EACH, which depends on volunteers and donations, has delivered services primarily through a certified family nurse practitioner. Two hospitals donate x-rays, lab work, and basic supplies. A num-

ber of specialty physicians see patients at no charge, and community organizations provided support and funding for initial operation. EACH has served as a catalyst; its patients are now being transferred to the new Portsmouth Community Health Center, recently funded by a grant from the Department of Health and Human Services.

**ESCAMBIA COMMUNITY
CLINICS, INC.**

Sacred Heart Hospital
Pensacola, FL
Contact Don Turner
904-436-4630



Responding to the closing of the county-owned hospital, Sacred Heart Hospital collaborated with Baptist Hospital, Escambia County, and the local medical society to replace services and provide indigent care. Escambia Community Clinics offer prescription medication and services in internal medicine, surgery, and geriatric care. The requirements for payment are less stringent than those for the old county hospital, classifying as charity care patients all who fall within 100 percent to 150 percent of federal poverty guidelines. Patients in need of hospitalization are referred to Baptist or Sacred Heart hospitals.

GOOD SAMARITAN CENTER

Saint Anthony's Health Center
Alton, IL
Contact Paul Kribs or Patricia
Mossman
618-462-4939

Good Samaritan Center fills the needs of people who previously depended on the emergency room for basic medical care; those who are uninsured, underinsured, or without financial means to obtain medical care; and those who participate in the state public aid program. The facility, established by Saint Anthony's Health Center, offers primary and preventive care, immunizations, well-child care, basic laboratory tests, and case management in a setting like a doctor's office. Staffing is provided by two physicians, three professional nurses, two part-time clerical staff, and two nursing volunteers.

**THE MCKENNAN HOSPITAL
HEALTH CARE CLINIC**

McKenna Hospital
Sioux Falls, SD
Contact Bonnie Irvine
605-339-8000

Because some medical clinics in the Sioux Falls area were refusing to see patients who did not have insurance or money to pay a fee up front, the McKenna Hospital Board of Trustees established the McKenna Hospital Health Care Clinic to provide healthcare to the uninsured people of the community. The clinic is staffed by a supervising physician, two registered nurses, two medical assistants, one physician's assistant, and about 15 volunteers. It is the only free clinic in South Dakota not funded by outside sources, such as government grants.

INNOVATORS *In Healing*

MERCY EXPRESS

Mercy Medical Center
Nampa, ID
Contact Rev. John J. Tivenan
208-467-1171

In a rapidly growing area with inadequate public transportation, Mercy Medical Center's Mercy Express conveys elderly, handicapped, and low-income people without a car to medical appointments within the city of Nampa. A team of dedicated volunteers provide rides on weekdays between 8:00 AM and 4:30 PM, and a local cab company supplements services at peak times with discount rates billed directly to the hospital. Local businesses provide vehicles, the medical center switchboard and secretarial staff coordinate schedules of drivers and clients, and hospital employees donate funds.

MISSION IN MOTION MOBILE HEALTH UNIT

Sacred Heart Hospital
Pensacola, FL
Contact Karen Bower
904-474-7000



The first of its kind in the region, Sacred Heart Hospital's Mission in Motion mobile health unit takes preventive care to children, the elderly, and the medically needy. Hospital nurses and physicians volunteer their time to provide health screening tests, evaluation, education, counseling, referral, and follow-up. The health unit, a 37-foot long bus, travels to area congregate meal sites and shelters for the homeless, housing projects, churches, day care centers, and other locations in low-income areas. The unit is also used to provide monthly a free children's clinic and to conduct physical examinations for children enrolled in Title XX day care centers. Mission in Motion has also provided services to migrant workers and hurricane victims.

PEOPLE'S CLINIC FOR BETTER HEALTH

Mercy Hospital
Port Huron, MI
Contact Lynn Burgett
810-985-1558

Mercy Hospital's People's Clinic for Better Health operates at Our Lady of Guadalupe Mission on the south side of Port Huron. The clinic's salaried directing nurse and social worker and its 11 community volunteers, 12 volunteer nurses, and 14 volunteer physicians provide healthcare to people of low income who have no health insurance. Efforts are being made to acquire a larger facility in a low-income area. Community support for the clinic comes through area churches, one of which holds a collection for the clinic each month.

PROVIDENCE HEALTH AND EDUCATION CENTER

Providence Centralia Hospital
Centralia, WA
Contact Ken Boucher
360-740-8366

In a community with rising unemployment and a shortage of primary care providers, Providence Centralia Hospital opened its Health and Education Center to provide primary and perinatal care to people who had to resort to the emergency room for healthcare. The center's goals are to reduce the number of women without prenatal care delivering at the hospital, provide parenting education, reduce the number of low-income residents relying on the emergency department for basic primary care, and address community health needs.

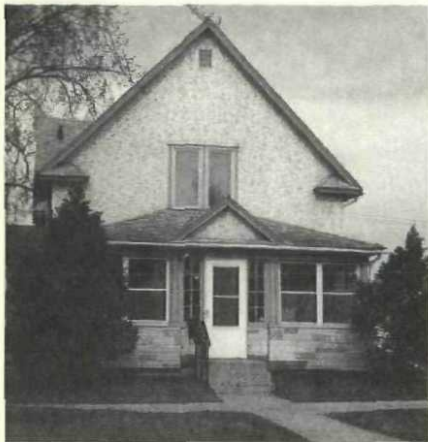
THE ST. FRANCIS COMMUNITY HEALTH CENTER

St. Francis Hospital
Evanston, IL
Contact Bridget Newsom
312-262-8816

The St. Francis Community Health Center operates much like a family physician's office, offering diagnostic and therapeutic care to a needy population in the Rogers Park neighborhood of Chicago's far north side. Because the center's service area is 70 percent Hispanic, most of the staff is bilingual, which helps engender trust among its patients. The center provides prenatal and postpartum care to approximately 700 expectant mothers and their children each year, and it also provides immunizations to about 800 children each month.

ST. FRANCIS HOUSE
COMMUNITY

Catholic Worker Community
Columbia, MO
Contact Steve Jacobs, Lana Jacobs,
Andy Tribble, or Sylvia Tribble
314-875-4913



Made up of the St. Francis House and the Lois Bryant House, the St. Francis House Community provides shelter, meals, and care for the homeless and disadvantaged. Each house includes a hospital room equipped to provide oxygen and intravenous therapy. In addition, nine patients with terminal cancer and one AIDS patient have received hospice care. The community, which includes the Loaves and Fishes soup kitchen, has beds for 26 homeless men and six homeless women plus a special room to accommodate a homeless family.

ST. JOSEPH'S MEDICAL
CENTER'S PARTNERSHIP WITH
HABITAT FOR HUMANITY

St. Joseph's Medical Center
Brainerd, MN
Contact Sr. Vivian Arts
218-828-7655

St. Joseph's Medical Center has donated seven homes to the local affiliate of Habitat for Humanity International. Four of these homes are currently occupied by families, one serves as the Habitat office, one was salvaged for building materials,

and one is rented out at market rate by the Habitat affiliate to raise revenue for building more homes. The president of St. Joseph's Medical Center is the chair of the local chapter of Habitat for Humanity International, and two Benedictine Sisters are board members.

SOCIAL ACCOUNTABILITY
AND COMMUNITY
COLLABORATION GRANT
PROGRAM

Saint Joseph Medical Center
Joliet, IL
Contact Sr. Coletta Hennessy
815-725-7133, ext. 7595

The Social Accountability and Community Collaboration Grant Program provides \$500,000 annually to programs addressing the unmet needs of the medically underserved. When reviewing applications, the selection committee considers whether the program targets a federally designated underserved area or health professional shortage area, addresses the long-term health needs of the community, is a collaborative effort, and is consistent with the *Ethical and Religious Directives for Catholic Health Care Services*. Programs receiving grant monies include a health program for homeless and high-risk families, a Meals on Wheels program, a child advocacy center in the state's attorney's office, a dental clinic, and a drug education program.

TALBOT HOUSE

Alexian Brothers Hospital
St. Louis
Contact Sue Lindenbusch
314-865-3333

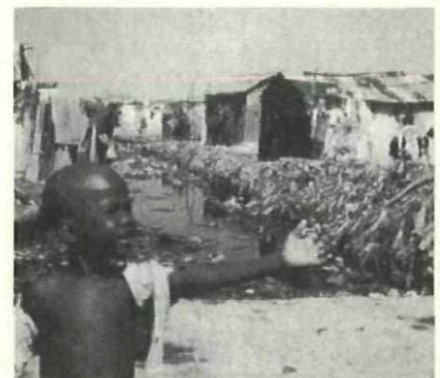
Talbot House provides transitional housing for up to 10 men who are recovering from chemical addiction, frequently with a coexisting mental illness. This two-family residence adjacent to Alexian Brothers Hospital, renovated as a volunteer project of

the hospital's employees, is a self-governing, financially self-sustaining residence. Prospective residents are interviewed by the house coordinator (the only paid staff member) and the current residents, who vote on admission. Residents pay \$50 a week toward support of the house and stay a maximum of nine months.

CARING IN OTHER
COUNTRIES

PROJECT HAITI

Saint Alphonsus Foundation
Saint Alphonsus Regional Medical
Center
Boise, ID
Contact Carolyn Stafford
208-378-2757



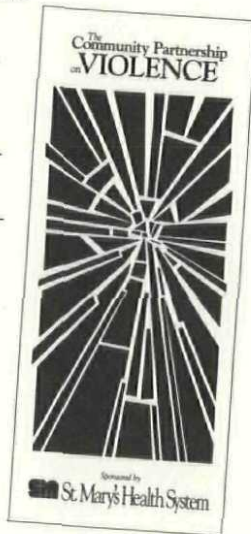
With Project Haiti, Saint Alphonsus Regional Medical Center supports Pere Damien Hospice in Port au Prince and the associated orphanage, which houses nearly 400 children. In addition to its monthly contributions of medical supplies, pharmaceuticals, and equipment, last year Saint Alphonsus sent two medical mission teams to Port au Prince. Fifteen hospital employees and Sisters of the Holy Cross set up simple systems for a laboratory, a pharmacy, and data management. Project Haiti has also brought to Boise two Port au Prince youngsters for extensive specialized healthcare by volunteer Boise practitioners.

**CARING FOR VICTIMS OF
ABUSE OR ASSAULT**

**COMMUNITY PARTNERSHIP
ON VIOLENCE**

St. Mary's Health System
Knoxville, TN
Contact Bill Gibson or Mary Rimer
423-545-7869

Using an innovative tracking program, the Community Partnership on Violence of St. Mary's Health System spent two years gathering baseline data on the incidence of violence, including information on the victim's age, gender, ZIP code, and type of health insurance; the type of violence reported; the time of day of the incident; the day of the week it was reported; and the costs to the medical center. This information has been used to coordinate service with community organizations and alter staffing patterns in the emergency, security, social services, and admitting departments.



SAFE PASSAGE

Sisters of Charity Hospital
Buffalo, NY
Contact Kathleen Slammon
716-862-1947

Safe Passage is a comprehensive domestic violence initiative providing 24-hour emergency medical care, advocacy, and supportive services. In addition, Safe Passage offers individual counseling by licensed clinicians, referral and linkages to victim services, referral to treatment programs for chemical dependency and psychiatric care, and community education. Safe Passage House, owned and operated by the Sisters of Charity Hospital, provides in collaboration with Haven House—the local battered women's shelter—two completely furnished apartments as transitional homes for women and their children.

**SEXUAL ASSAULT FORENSIC
EXAMINER (SAFE)
PROGRAM**

Mercy Medical Center
Baltimore
Contact Christine Jackson or
Carole Kimmell
410-332-9000

Mercy Medical Center's Sexual Assault Forensic Examiner (SAFE) Program has identified the components of ideal care for sexual assault victims, including initial crisis intervention and medical assessment; prompt treatment of physical injuries; confidentiality; a sympathetic, non-judgmental attitude from all care providers; sexual assault examination, including collection and preservation of evidence; follow-up care for a victim and her family; and expert witnesses for court. The center's staff also provide community education on prevention of and treatment for sexual assault, train cadets at the Police Academy, and work closely with the Sexual Assault Recovery Center and local shelters.

CARING FOR WOMEN

**THE CAPITAL REGION
MATERNAL ASSISTANCE
PROGRAM**

Holy Spirit Hospital
Camp Hill, PA
Contact Joyce A. Zandieh
717-763-3008

Holy Spirit Hospital initiated its Maternal Assistance Program to reduce the incidence of substance abuse in pregnant women and new mothers by creating a bridge between perinatal and substance abuse services. The program's care managers counsel clients one-on-one and coordinate the care provided by multiple hospitals, clinics, and agencies. The program began with a collaboration between Holy Spirit Hospital and Polyclinic, an inner-city hospital in nearby Harrisburg, with a team of people from both hospitals planning and building a consortium of agencies. Technical assistance was provided by St. Francis Health System in Pittsburgh, which operates a successful maternal assistance program.

**ELIZABETH SETON
PRENATAL CLINIC**

Saint Vincent Hospital and
Health Center
Billings, MT
Contact Kathy Toney
406-657-8960

At the Elizabeth Seton Prenatal Clinic, nurse-midwives and nurses form the core of a team approach involving obstetrician-gynecologists, neonatologists, and other medical specialists. The clinic has made prenatal care more readily available and dra-

matically improved clinical outcomes for limited-income women and their babies. The clinic has helped increase the number of area low-income women receiving prenatal care with only a small commitment of time on the part of hospital obstetricians. In 1993 the clinic won the Innovation on Health Care Award from the Montana Hospital Association.

FAMILYCARE CENTER

Trinity-Mother Frances Health System
Tyler, TX
Contact Jean Coleman
903-593-8441

Since Trinity-Mother Frances Health System opened the FamilyCARE Center to provide comprehensive, affordable, and accessible prenatal and pediatric care, more local women have had prenatal care and fewer complicated deliveries have been recorded. Before the center's opening, there were only a few, fragmented sources of prenatal care available to women who were poor or who had no health insurance, and there were no sources for the uninsured family with children. Although the staff originally estimated that they would treat about 500 patients per month, they actually treated more than 1,500 people in the first full month of operation.

HOPE FOR FAMILIES/ HEALTHY CONNECTIONS FOR FAMILIES

St. Vincent Medical Center
Toledo, OH
Contact Charlotte R. Turin or
Megan M. Manahan
419-252-2002



Hope for Families is a community-based center that combats prenatal substance use through individual assessments and service plans, drug and alcohol prevention activities, recovery activities, health services for mothers and children, and mental health and family support services. Healthy Connections for Families responds to the problems of substance-using women and the impact of substance exposure on their children from three months to three years of age. A multidisciplinary team provides services, referrals, and healthcare education related to substance use, parenting, and goal setting. Fifteen community agencies formed a consortium through this project, which developed a community plan to coordinate service for the target population.

JOURNEY HOME

St. Cloud Hospital
St. Cloud, MN
Contact Jesseli Moen
612-259-9149

St. Cloud Hospital's Journey Home is a halfway house and extended care facility for chemically dependent women and their children. Journey Home is designed to give chemically dependent mothers access to a healing process without threatening to deprive them of their children. Teaching parenting skills is a priority of the program, and the facility gives admission priority to pregnant women.

LACTATION SERVICES

St. Joseph Hospital
Lancaster, PA
Contact Martha Kautz
717-291-6710

The Lactation Services of St. Joseph Hospital are designed to lengthen the time women breastfeed by providing education and support. In addition to visits in the hospital, the staff of lactation counselors regularly telephone first-time breastfeeding mothers for five months. A 24-hour hotline, a 12-hour "warm" line, and outpatient visits are available for mothers experiencing problems. This program was cited in 1993 by the World Health Organization and UNICEF as one of three hospitals in Pennsylvania consistently working toward protecting, supporting, promoting and providing comprehensive breastfeeding services.

**MATERNAL/CHILD
HEALTH SERVICES**

St. Elizabeth Medical Center
Edgewood, KY
Contact Ardith Davis
606-344-2009

St. Elizabeth Medical Center provides maternal and child healthcare to economically disadvantaged women. In addition to obstetric, pediatric, and Perinatal Center services, the medical center provides nursing services, home visits, and home monitoring for mothers and infants who have met one or more high-risk criteria. According to the Kentucky Annual Vital Statistics Report of 1993, infant mortality and neonatal mortality rates have dropped significantly during the time St. Elizabeth Medical Center has offered maternal and child health services.

**ST. MARY'S WOMEN AND
INFANTS CENTER**

Dorchester, MA
Contact Joyce A. Murphy
617-436-8600

With cornerstone programs of St. Mary's Home and Margaret's House (*housing and transitional residential programs for at-risk women and their children*), St. Mary's Women and Infants Center focuses on early intervention with strong assessment, case planning, and case management components. Among those served are *homeless persons, young women recovering from substance abuse, pregnant and newly parenting teens, and battered women and their children*. St. Mary's home, twice awarded the CHA Achievement Citation, provides services to *pregnant and newly parenting teens and women*, and Margaret's House serves female-headed families with one to three children.

**CARING THROUGH
COMMUNITY
COLLABORATION**

**BATON ROUGE
HEALTH FORUM**

Our Lady of the Lake Regional
Medical Center
Baton Rouge, LA
Contact Robert C. Davidge or
Virginia Pearson
504-765-7708

Realizing Louisiana ranks poorly in many health-related surveys, the Baton Rouge Health Forum, a collaboration of administrators from all of the Baton Rouge hospitals and the parish (county) medical society, has dedicated itself to measuring and building awareness of the community's health status through ongoing assessment, dialogue, and continuing partnerships. The projects accomplished include a resource manual for high school teachers of a state-mandated health class and a health status report produced in conjunction with the local newspaper.

**THE CATHOLIC CONSORTIUM
OF STARK COUNTY**

Timken Mercy Medical Center
Canton, OH
Contact Charlene A. Corlett
216-489-1008

In response to a challenge issued by Bp. James W. Malone of the Diocese of Youngstown, OH, to work together to address the unmet needs in their communities, executives of Timken Mercy Medical Center and Catholic Community Services of Stark County called the first meeting of the Catholic Consortium by inviting leaders of the county's Catholic institutions. The consortium has identified community needs; involved teenagers, preteens, and preschoolers in a peace-focused camp; facilitated blood drives, mammogram screenings, and health fairs;

and trained low-income women in the nurse assistant training programs offered at both Catholic facilities.

**COMMUNITY ASSESSMENT
PROJECT**

Dominican Santa Cruz Hospital
Santa Cruz, CA
Contact Carol Adams
408-462-7503



Dominican Santa Cruz Hospital, along with the United Way, the county and city of Santa Cruz, Watsonville Community Hospital, and a variety of other community-based organizations, has formed the Community Assessment Project. This long-term project looks at the community's strengths, as well as at perceived needs, in identifying benchmarks to measure factors affecting the quality of life in the community. Information provided allows policymakers, service providers, and community members to identify concerns and build on existing partnerships to make improvements in the areas of employment, housing, public safety, health, education, and social environment.

COMMUNITY HEALTH TASK FORCE

St. Mary's Medical Center
Evansville, IN
Contact Anne Duell
812-485-4220

Representatives from St. Mary's Medical Center, Deaconess Hospital, and Welborn Baptist Hospital met to develop a planned approach to improving the community's health status. With the involvement of community organizations, these health-care professionals conducted a community health audit, which identified smoking, obesity, lack of exercise, and preventable accidents as significant risk factors representing 76 percent of the potential medical costs that could be saved. The hospitals then formed the Foundation for Community Health to encourage and finance those who would pursue solutions to eliminate or positively affect local healthcare problems.

COMMUNITY NEEDS NETWORK

St. Joseph Health System
St. Joseph and Redwood
Memorial Hospitals
Humboldt Home Health Services
Eureka, CA
Contact Catherine Krause or
Sr. Ann McQuinn
707-443-9332

Representatives from Humboldt Home Health Services and St. Joseph and Redwood Memorial Hospitals formed a Community Needs Network to determine the allocation of funds set aside by the St. Joseph Health System for outreach programs that address the causes and symptoms of poverty. Funds have been disbursed to community-based programs

offering a variety of medical and social services. In addition, the Community Needs Network established a Women's Resource Center and a mobile dental clinic for the poor. It has also taken part in a community-wide analysis of healthcare needs.

GREEN COUNTY HEALTH OVERSIGHT BOARD

The Monroe Clinic
Monroe, WI
Contact Dennis Tomczyk
608-324-1206
Kathy Brockman
608-328-9390

At its inception, the Green County Health Oversight Board identified as its priorities cardiovascular disease, breast cancer, accident and injury prevention, adolescent health issues, and environmental health. It established education and healthcare programs to address these priorities, and having completed its objectives after about two and a half years, the board refined its mission to investigate healthcare issues that affect everyone but are not the responsibility of any one agency or organization and to determine the health status of county residents as measured by various indicators. As a result, three task forces were established: the Immunization Task Force, the Domestic Violence Task Force, and the Green County Health Assessment.

HOLY CROSS MINISTRIES

Holy Cross Health System
Corporation
Salt Lake City
Contact Sr. Alice Mary Quintana
801-972-8263

Begun in response to the decision to sell Holy Cross Health System's Utah hospitals, Holy Cross Ministries works with community churches, health clinics, physicians, and health and educational institutions to develop and deliver services in prenatal

care, English language skills, health and wellness programs, empowerment skills, and basic living skills. Specific emphasis is placed on outreach to the undocumented, uninsured, underserved, and those at high risk, with priority given to women, children, and the elderly. The ministries also works with community leaders and organizations in benevolent programs and emphasizes the blending of educational and health programs.

OPERATION REACHOUT

Bon Secours Baltimore Health
Corporation
Baltimore
Contact George Kleb
410-947-6627



Bon Secours Baltimore Health Corporation initiated Operation ReachOut to purchase vacant buildings and turn them into affordable housing and to develop seven clusters of programs to address the

INNOVATORS *In Healing*

underlying causes and effects of abandoned buildings. The clusters include programs directed toward neighborhood organization, appearance, and stability; education and job training; recreation; and health and safety. Bon Secours has formed partnerships with a community redevelopment organization, with established service providers such as Catholic Charities, and with community associations and churches. It has established a property acquisition subsidiary and acquired 35 properties to date.

DISEASE PREVENTION/ HEALTH PROMOTION

COMMUNITY SERVICES

Schumpert Medical Center
Shreveport, LA
Contact Susan Gibson
318-681-4814

Schumpert Medical Center's community services place a strong emphasis on prevention, detection, and treatment. Schumpert has established two mall walker programs that include a monthly breakfast meeting featuring physicians discussing health topics; free blood pressure and glucose checks; and an incentives program offering T-shirts, hand-held water weights, fanny packs, and gym bags. Last year Schumpert employees gave more than 570 hours in volunteer time to these programs.

FRANCES SCHERVIER
WELLNESS CENTER
Franciscan Health System of
New York
Bronx, NY
Contact Nancy Clifford
718-548-5232

The Frances Schervier Wellness Center was developed so that employees of the Franciscan Health System of New York and the tenants of Frances Schervier Apartments would be able to relax and exercise on the health system's campus. The center provides exercise equipment and sponsors campuswide programs and activities such as the Holistic Health Fair. A positive outcome of the center is the connection that has been made between staff members and senior residents of the apartments.

HEALTH CALENDAR
St. Mary's Health System
Knoxville, TN
Contact Aleey Hopkins
423-545-7689

St. Mary's Health System's Health Calendar appears in local newspapers to publicize community health programs and screenings designed to educate the public about healthier life-styles. These free or low-cost programs are held at locations around the community to make them accessible to all residents. In the first half of 1995, almost 4,000 area residents participated in a Health Calendar program or screening.

ST. MARY'S CARE-A-VAN
Bon Secours-Richmond Health
Corporation
Richmond, VA
Contact Lucie Ferguson
804-281-8023

As part of a broad-based effort to bring central Virginia's two-year-old immunization rate up to 90 percent



by 1997, St. Mary's CARE-A-VAN works with public health officials to take free, convenient immunizations for children under six into neighborhoods with particularly low immunization rates. CARE-A-VAN staff and volunteers also provide adult flu shots, blood pressure checks, and educational materials. The program depends on strong partnerships with public agencies and private organizations and on active participation by residents and businesspeople in the communities served.

WELLNESS FROM THE BEGINNING: A CONTINUUM OF CARE FOR FAMILIES IN NEED

St. Mary Medical Center
Bensalem, PA
Contact Terry Smith
215-245-4334
Sr. Carol Zurlo
215-245-8873

The Mother Bachmann Maternity Center and the Children's Healthcare Center of St. Mary Medical Center were established to provide healthcare to the county's poor and low-income families. Located in a shopping center

chosen because of the area's high population of lower-income women of child-bearing age, the Mother Bachmann Maternity Center provides services extending from prenatal visits through delivery and postpartum care. The Children's Healthcare Center provides immunizations, physical examinations, and early screenings and developmental assessments. A majority of center clients are walk-ins who heard about the services through their neighbors, churches, or schools.

MISCELLANEOUS

ACUTE PAIN MANAGEMENT SERVICE

Mercy Hospital Medical Center
Des Moines
Contact Joan Beard or Jackie Frost-Kunnen
515-247-3205

The primary goal of Mercy Hospital Medical Center's Acute Pain Management Service has been education. The ongoing education of staff, physicians, pharmacists, clergy, patients, and the community at large occurs via newsletters, seminars and workshops, journal articles, and videotapes. Within the first year, more than 1,000 nurses had received credentials in acute pain management. A nurse with an extensive background in pain practices makes referrals as needed to such areas as the Nerve Block Center or the Chronic Pain Center, and when appropriate, integrates nonpharmacological measures for pain control into the patient's plan of care, including music therapy or relaxation techniques.

ADULT SICKLE CELL PROGRAM

Saint Agnes Medical Center
Fresno, CA
Contact Kimberly Black
209-449-2132

The Adult Sickle Cell Program at Saint Agnes Medical Center provides medical evaluation and treatment, inpatient consultations, adult immunizations, support groups for patients and family members, and pain management. Additional services include community education, healthcare provider education, genetic and disease counseling, premarital counseling, and a program to assist children in the transition from pediatric to adult healthcare settings. Collaboration with other healthcare providers and institutions has resulted in the development of the Central Valley Sickle Cell Council, which works to identify community needs and services available.

CLINICAL ETHICS CENTER

Saint Thomas Hospital
Nashville, TN
Contact Bruce D. White
615-222-6449

Because the goal of clinical ethics is to support the patient-physician partnership at the bedside, Saint Thomas Hospital maintains a Clinical Ethics Center to help principals make better healthcare decisions. The center, which grew from a successful pilot effort with Vanderbilt University Medical Center, focuses on staff and community education, individual patient care consultation, policy analysis and review, and institutional ethics committee staff support.

THE EMMANUEL UNIT AT ST. FRANCIS-ST. GEORGE HOSPITAL

Franciscan Health System of
Cincinnati, Inc.
Cincinnati
Contact Rev. Johnny B. Riley
513-853-5064

A healing environment where the power of prayer is used alongside the power of medicine, the medical-surgical Emmanuel Unit at St. Francis-St. George Hospital addresses patients' medical, emotional, and spiritual needs. The unit's goals are adding extensive spiritual care without increasing nursing staff, meeting patients' spiritual needs without increasing the costs to them, and complementing traditional hospital services. Staff members volunteer to work on the unit and receive special training in spiritual care.

USE OF A HAND-HELD COMPUTER

St. Mary's Hospital
Amsterdam, NY
Contact Jean Haskin
518-842-1900

To reduce fragmentation and redundancy in record keeping and charting, St. Mary's Hospital has introduced the paperless integrated patient record. Clinicians use hand-held computers to fill out charts at bedsides, while transporting or waiting for patients, or during physician rounds. With up to a week's worth of data accessible, clinicians can quickly see any change of patient condition. Furthermore, physicians can access their patients' charts in the office or at home. Though greeted initially with resistance, the computers are now used by all inpatient nursing units.

RURAL HEALTHCARE

**APPALACHIAN OUTREACH
PROGRAM**

Saint Joseph Hospital
Lexington, KY
Contact Sr. Betty Shelton
606-278-3436

The sisters who staff the Appalachian Outreach Program at Saint Joseph Hospital provide pastoral, social, and nutritional counseling to discharged patients and their families in 15 eastern Kentucky counties. In addition to helping patients understand bills and fill out Medicare, Medicaid, and other insurance forms, they brighten lives as they take health-care services to rural areas. In their outreach to these areas, they improve the health not only of discharged patients, but of the entire region as well.

**RURAL PARISH HEALTH
MINISTRY**

St. Clement Health Services
Red Bud, IL
Contact Barbara Diehl
618-282-3831

St. Clement Health Services and the Parish Council of St. John the Baptist Church established a parish health ministry program staffed by volunteers within the parish and supported by St. Clement's. The ministry provides health education, personal health counseling, staff training, liaisons with community health organizations, and clarification of the relationship between faith and health. Services include a monthly blood pressure screening and programs on arthritis, joint replacement, and low-cholesterol and low-fat cooking.

**Achievement
Citations 1975-95**

1975

CITY DOCTOR PROGRAM

Columbus-Cuneo-Cabrini
Medical Center
Chicago

**MINORITY COMMUNITY
SERVICE**

St. Bernard Hospital
Chicago

ST. JOSEPH'S HOSPITAL

Marshfield, WI

STAFF E/R PROGRAM

St. Therese Hospital
Waukegan, IL

1976

**CATHOLIC HOSPITAL
PROGRAM**

Hospitals Sisters,
Third Order of St. Francis
Springfield, IL

MERCY HOSPITAL, INC.

Mercy Southern Health Center
Baltimore

O'CONNOR HOSPITAL

San Jose, CA

ONCOLOGY UNIT

Our Lady of Lourdes Hospital
Binghamton, NY

PASTORAL CARE PROGRAM

St. Joseph Hospital
Houston

1977

**EAST COAST MIGRANT
HEALTH PROJECT**

Washington, DC

**GUATEMALAN EARTHQUAKE
RELIEF PROJECT**

Holy Cross Hospital
Salt Lake City

HOSPICE PROGRAM

Calvary Hospital
Bronx, NY

MENTAL HEALTH CENTER

Good Samaritan Hospital and
Health Center
Dayton, OH

**POST-EARTHQUAKE
REBUILDING PROJECT**

Holy Cross Hospital
San Fernando, CA

**TEENAGE EDUCATION AND
CARE SERVICE PROJECT**

St. Margaret's Hospital
Boston

1978

CENTER FOR LIFE

Providence Hospital
Washington, DC

**CORPORATE OFFICE OF
MEDICAL-MORALS**

Sisters of Providence
Seattle

PROJECT HELP

Holy Rosary Hospital
Miles City, MT

1979

FAMILY HEALTH ASSOCIATES

St. Mary's Hospital
Rochester, NY

HOSPITAL WITHOUT WALLS

St. Francis Hospital
LaCrosse, WI

SAINT ANN FOUNDATION

Sisters of Charity of St. Augustine
Cleveland

1980

INSTITUTE OF RENAL DISEASES

St. Francis Hospital
Honolulu

**LA CASA DE LOS NIÑOS
CRISIS NURSERY**

Tucson, AZ

**TEENAGE PREGNANCY
PROGRAM**

St. Margaret's Hospital for Women
Boston

1981

**GEORGETOWN VOLUNTEER
MEDICAL TEAM**

Georgetown University
School of Medicine
Washington, DC

TENSAS RURAL CLINIC

Sisters of Charity of the
Incarnate Word
Houston

1982**DUTCHESS COUNTY CRIME VICTIMS ASSISTANCE PROGRAM**

St. Francis Hospital
Poughkeepsie, NY

LAY MINISTRY TO THE SICK AND AGING

St. Benedict Hospital and
Nursing Home
San Antonio

SHARE PROGRAM

St. John's Hospital
Springfield, IL

**YEARS OF CHANGE:
A SENSITIVE LOOK AT
GROWING UP**

Saint Anthony's Hospital
Alton, IL

1983**AMELIA HEALTH CARE CENTER**

St. Mary's Hospital
Richmond, VA

**INDIAN HEALTH SERVICE
MATERNAL/CHILD
OUTREACH CLINICS**

Sacred Heart Hospital et al.
Yankton, SD

KIDS GROUP

St. Anthony's Medical Center
St. Louis

**REGIONAL HEALTH
INFORMATION CENTER**

The Hospital of Saint Raphael
New Haven, CT

1984**CATHOLIC HEALTH
CORPORATION**

Sisters of Mercy, Province of Omaha
Omaha

**CHILD ABUSE AND NEGLECT
PREVENTION PROGRAM**

Mount Carmel Mercy Hospital
Detroit

**CHILD ABUSE AND
MANAGEMENT/SEXUAL ABUSE
MANAGEMENT TEAM**

Cardinal Glennon Memorial Hospital
St. Louis

**INTERNATIONAL HEALTH
PROGRAM**

Sisters of Mercy Health Corporation
Farmington Hills, MI

1985**DWELLING PLACE**

Franciscan Sisters of Allegany
Allegany, NY

KIDS ON THE BLOCK

St. Mary's Hospital Auxiliary
Galesburg, IL

**MENTAL HEALTH SERVICES
FOR HEARING IMPAIRED
PERSONS**

St. John's Hospital and
Health Center
Santa Monica, CA

ROSARY HALL PROGRAM

St. Vincent Charity Hospital and
Health Center
Cleveland

1986**PROJECT MAGIC**

Daniel Freeman Memorial Hospital
Inglewood, CA

**SUPPORTIVE CARE PROGRAM
FOR INDIVIDUALS WITH AIDS**

St. Vincent's Hospital and
Medical Center
New York City

**TRADITIONAL INDIAN
MEDICINE'S ROLE IN THE
CARONDELET HEALTH SYSTEM**

St. Mary's Hospital and
Health Center
Tucson, AZ

1987**HEALTHY MOMS AND BABES**

Program for the Medically
Underserved of Cincinnati
Cincinnati

**RISEN PROGRAM
(RE-INVESTING SPIRITUALITY
AND ETHICS IN NURSING)**

Catholic Health Association of
Wisconsin
Madison, WI

1988**CHURCH PROGRAM**

Mercy Catholic Medical Center
Darby, PA

**INTERNATIONAL CENTER FOR
SKELETAL DYSPLASIA**

St. Joseph Hospital
Towson, MD

1989

CATHERINE KASPER CENTER
East St. Louis, IL

PARISH NURSE MINISTRY
Columbus-Cabrini Medical Center
Chicago

1990

THE BRIDGE
Our Lady of Lourdes Medical Center
Camden, NJ

**A COMMITMENT CONTINUED:
CENTRO SAN VICENTE**
Daughters of Charity—West Central
Region
El Paso, TX

SISTERS CARE
Sisters of St. Joseph of Carondelet
St. Paul

1991

**APPALACHIAN OUTREACH
PROGRAM**
Saint Joseph Hospital
Lexington, KY

INFANT MORTALITY PROJECT
Michigan Catholic Systems
Leadership
Farmington Hills, MI

1992

**CATHOLIC CHARITIES
PHYSICIAN REFERRAL SERVICE**
Catholic Charities of Chicago/
Alexian Brothers Health System
Rolling Meadows, IL

**CLARK STREET
HOUSE OF MERCY**
Mercy Foundation
Des Moines

**SCL HEALTH SERVICES
CORPORATION CLINICS**
Sisters of Charity of Leavenworth
Health Services Corporation
Leavenworth, KS

1993

**DRUEDING CENTER/
PROJECT RAINBOW**
Holy Redeemer Health System
Philadelphia

**INDOCHINESE
PSYCHIATRIC CLINIC**
St. Elizabeth's Hospital of Boston
Brighton, MA

**ST. ELIZABETH
HEALTH CENTER**
Daughters of Charity National Health
System—West Central
Gould, AR

1994

**COMPREHENSIVE AIDS
RESOURCE EDUCATION
PROGRAM (C.A.R.E.)**
St. Mary Medical Center
Long Beach, CA

OPERATION SAFETY NET
The Mercy Hospital of Pittsburgh
Pittsburgh

SEXUAL ASSAULT CENTER
Providence Hospital
Everett, WA

1995

**ARCHBISHOP'S COMMISSION
ON COMMUNITY HEALTH**
Archdiocese of St. Louis
St. Louis

**DOMESTIC VIOLENCE
TASK FORCE**
Sacred Heart Medical Center
Spokane, WA

PROJECT MOTHERCARE
The Hospital of Saint Raphael
New Haven, CT