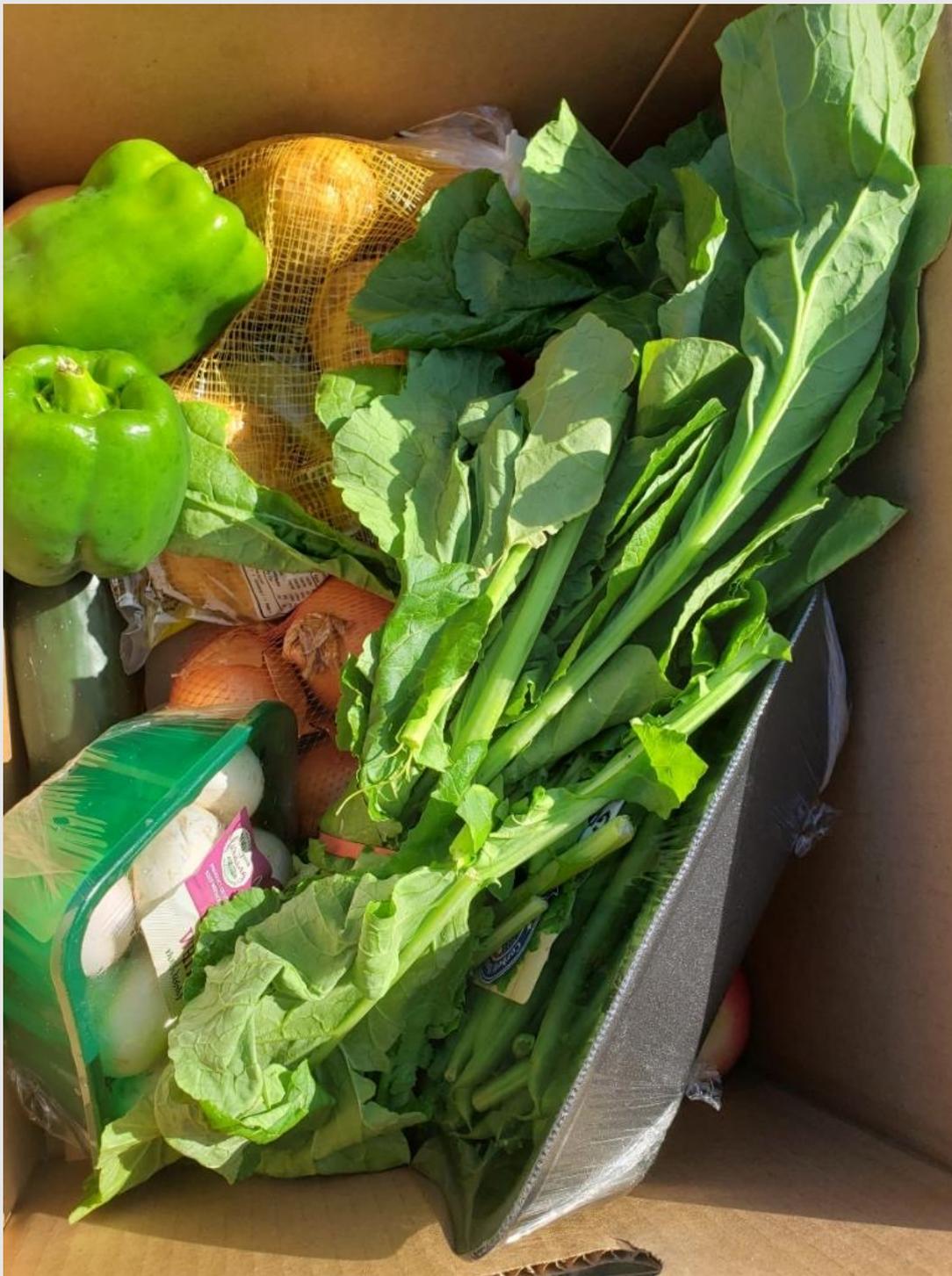




Staff with Trinity Health Mid-Atlantic Community Health and Well-Being distribute COVID-19 educational flyers, masks and hand sanitizer by going door-to-door in some Philadelphia neighborhoods. Pictured here are Joann Dorr, a nurse and manager of St. Mary Community Health & Well-Being; Lauren Carlin, director of Mercy Catholic Medical Center Volunteer Services and Community Outreach and Lisa Kelly, director of St. Mary Community Health & Well-Being and Volunteer Services.



St. Mary Medical Center applied with partners for over 8,000 of these Defense Logistics Agency meal boxes. It's part of a larger effort reworking food programs in the greater Philadelphia region to respond to greater need during the COVID-19 pandemic.



Fresh Connect and Farm to Families, two of St. Mary Medical Center's food insecurity programs, provide food to the most vulnerable and limit their exposure at a time when not everyone is comfortable shopping in stores.



Essential, unemployed, and returning workers:

Having trouble sleeping?

Feeling alone, unsupported, or angry?

Overwhelmed by parenting?

Stressed, worried, or anxious?

LET US HELP!

While these experiences are understandable, you don't have to suffer in silence!
We are providing **free**, brief, and confidential telehealth support to help cope
during this time of uncertainty.

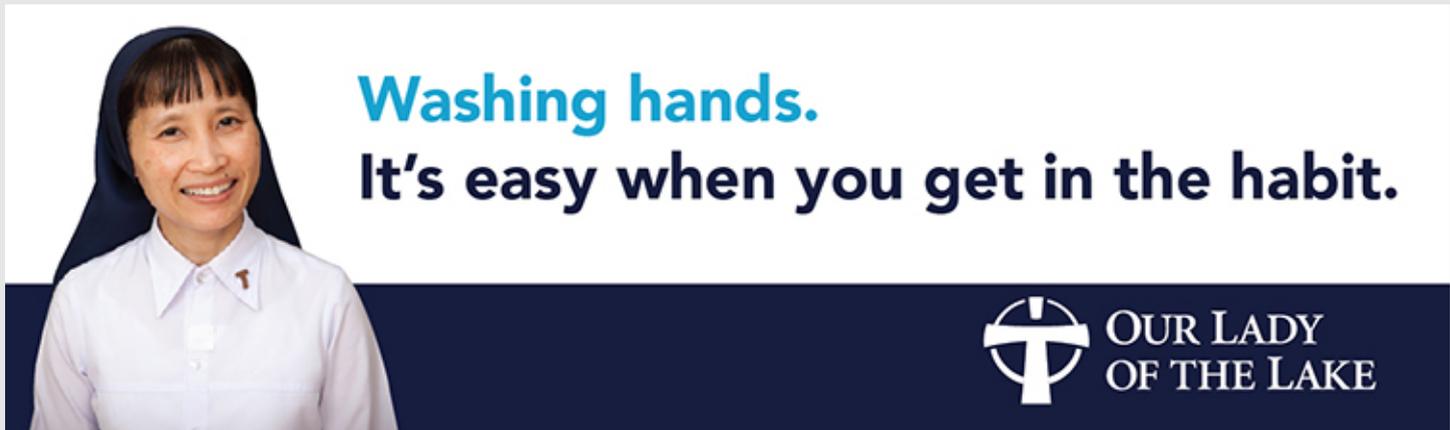


We are here to lend an EAR!

If you would like some support in coping you
can contact us at **314-977-2194**

Monday-Thursday (9:00 am - 8:00 pm and
Friday, 9:00 am - 5:00 pm)

Clinical psychologist and Saint Louis University professor Terri Weaver and clinical psychology graduate student volunteers staff a COVID-19-related mental health helpline called Essential and Resilient. It's for essential workers and others.



Franciscan Missionaries of Our Lady Health System has revived a hand-washing campaign featuring Sr. Uyen Vu, a FMOL sister and nurse, pictured on a Louisiana billboard encouraging people to make hand-washing an easy "habit" while wearing her religious habit.