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Crossing the Continuum: Integrating Senior Care in Catholic Health Systems

Howard Gleckman
The Urban Institute

Catholic Health Association
Integrating Services for Seniors
Dec. 13-14, 2010

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“If there is one hallmark, centering idea to achieve better care, better health, and lower cost without harming a single person, it is through integrated care...the awareness of their journey through their lives and through their illness instead of treating them in fragments.”

Donald Berwick
Administrator
CMS

The Challenge of Chronic Disease

- Three-quarters of medical spending
- **For 65+**
 - 90%= at least one
 - 50%= two or more
- Five = 1/3 of all health spending (CHF/COPD/Diabetes/Stroke/Hypertension)
- 37m= Boomers w/chronic disease in 2050

Chronic Disease in an Acute Care World

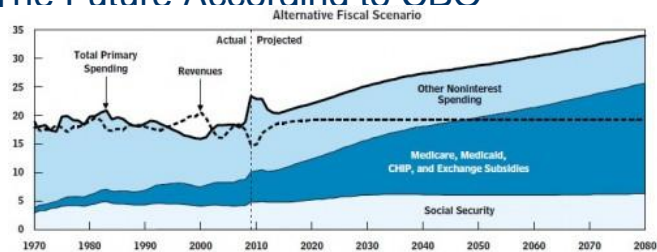
- Primary care
- In-patient risks
- Transitions/discharge planning
- Post-discharge compliance
- Balancing medical/personal/social/spiritual

The Mission & The Market

- Demographics
- The economy
- Technology
- Payment systems
- State and federal fiscal pressures
- The Affordable Care Act

Stein's Law

- The Future According to CBO



The ACA: Good News and Bad News

- **The Bad:**
 - Less \$ for traditional services
 - Growing cost pressures
 - Uncertainty
- **The Good:**
 - More flexibility
 - Focus on integrated care

The Bad...

- \$500 billion in Medicare provider reductions
- 16m new Medicaid acute patients
- Political uncertainty
- “All we have to do is provide better care to more people for less money.”

The Opportunity...

- **Freedom from Golden Handcuffs**
- Opportunities for Innovation:
- Accountable Care Organizations
- Bundled Payment
- Medical Homes

Frequent Flyers

- Medicare payment cuts for readmissions
- Effect on SNFs
- Good for payers, but hospitals?

Models for Reform

- Keeping patients healthy
- Improving transitions
- Hospital-quality care in new settings
- Reducing Readmissions

Avoiding Hospitalization

- Congregational Health Network
- Senior Villages
- PACE

Hospital Care in New Settings

- Schervier cardio sub-acute
- Hospital at Home

Pulling It Together

- Guided Care
- Palliative Care
- Siu's Vision

Conclusions

- A Turning Point for Care Delivery
- Integrated Care is hard. But it can be done.
- Good for patients/Good for providers

Thank You

Howard Gleckman
The Urban Institute
202-261-5420
www.urban.org
www.caringforourparents.org