

Green Pledge

Please select your Region: Iowa SE WI Marianjoy FMI Corporate Services

I have already been doing these Green Behaviors:

1. Turn off lights every time I leave the room
2. Unplug my cell phone charger from the wall when it is not in use
3. Ride a bike, walk or use public transportation at least one day per week
4. Use biodegradable soaps and shampoos
5. Use a reusable cup for my coffee and water everyday
6. Use reusable dishes for my food at work
7. Recycle paper, plastics and aluminum in blue recycling bins
8. Walk the stairs instead of riding the elevator when traveling fewer than 3 floors
9. Check the supply closet before ordering new supplies
10. Avoid printing out emails
11. Print in black and white instead of color
12. Avoid the drive-thru and decide to park and walk into the business instead
13. Bring reusable bags for shopping at the mall or for groceries
14. Plant a garden in my yard or in a community garden
15. Replaced at least 5 light bulbs with compact florescent light bulbs
16. Turn off the tap water when I am brushing my teeth
17. Check each month that my tires are properly inflated
18. Avoid purchasing bottled water
19. Recycle batteries
20. Carpool to work at least 1 day each week
21. Other: _____

Wheaton Franciscan Healthcare and Franciscan Ministries are inviting associates to commit to 2 additional actions for practicing environmental Stewardship. We know that even the smallest action, if taken up collectively, can amount to a big change in our neighborhoods. In addition to those I have checked above, I plan to begin these two Green practices (check 2):

1. Turn off lights every time I leave the room
2. Unplug my cell phone charger from the wall when it is not in use
3. Ride a bike, walk or use public transportation at least one day per week
4. Use biodegradable soaps and shampoos
5. Use a reusable cup for my coffee and water everyday
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18. Avoid purchasing bottled water
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20. Carpool to work at least 1 day each week
21. Other: _____

Please mail paper pledges to: Erica Weber at the Glendale Corporate Office
or Lani Aragon at the Franciscan Ministries Corporate Office

Please select your response to the following statements

	Strongly Disagree	Disagree	Agree	Strongly Agree
I am completely committed to "going green" in my personal life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am completely committed to "going green" in my work life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can make a difference in the well-being of our local environment by changing my behaviors.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can make a difference in reducing the energy usage at my site by changing my habits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can help increase the percentage of recyclable waste at my site by changing my habits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I believe the wellness of the natural world impacts the personal wellness of those who live in it. In other words, I think that a polluted environment leads to an unhealthy community.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

We know that even the smallest action, if taken up collectively, can amount to a big change in our neighborhoods. This is why Wheaton Franciscan Healthcare will make a \$1 donation to a nonprofit organization that is making a great impact on the environment in your region. *Pledges must be received by June 15th in order to qualify for the contribution.*

I wish WFH to make a \$1 donation to the following local Environmental Non-Profit (max \$1,000):

- Wisconsin/Illinois: Growing Power
<http://www.growingpower.org/>
- Iowa: University of Northern Iowa - Center for Energy and Environmental Education
<http://www.ceee.uni.edu/>
- Illinois: SCARCE (**S**chool & **C**ommunity **A**ssistance for **R**ecycling and **C**omposting **E**ducation)
<http://www.scarcecoed.org/>
- Milwaukee: Ozaukee Washington Land Trust
<http://www.owlt.org/>
- Racine: Eco-Justice Center Environmental Education Program
<http://www.racinedominicans.org/eco-j.cfm>

Are you interested in joining a Green Team at your site? Yes No
If yes, please be sure to write your name, department and site below.

Please include *your name, department and site* below if you would like to be entered into a raffle for an adult bike and helmet or sporting goods gift card, sponsored by the Wheaton Franciscan Healthcare Foundations and Franciscan Ministries.

Name: _____ Department: _____

Site: _____

Comments/Questions:

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or Lani Aragon at the Franciscan Ministries Corporate Office