EARTH DAY CHALLENGE

Eliminate Single Use **Plastics**

Single use **plastics** have a damaging effect on the **Earth**. Each day, humans produce and utilize **500 MILLION PLASTIC** straws. These straws, and many other single use **plastics** are made from the petroleum bi-product polypropylene which does not easily degrade naturally in the environment. Which means these items that are used for a matter of minutes end up existing forever, causing lasting damage to the **Earth**. The graphic below offers alternatives to single use plastics – you can make a difference!

Product	Alternative
Straws • Plastic Coffee Stir Sticks • Plastic Bags (thin plastic film, single use)	No Straw/Paper Straw • Wood Stir Sticks • Paper Bags (reusable containers)
Sandwich Bags • Plastic Storage Freezer and Produce Bags (thin plastic film, single use)	Wax Paper Sandwich Bags • Reusable Storage Containers • Paper Bags (reusable mesh bags)
Plastic Utensils • Clear Plastic Carryout Containers (#6 polystyrene)	Silverware/Reusable Utensils • Paper Boats • Foil/Wax Paper Wrapping
Plastic Cups • Cup Lids • Water Bottles • Single Use Soda Bottles	Reusable Cups • Paper Cups • No Lids on Carryout Cups
Bottles • Single Use Polyfoam Coffee Cups	Reusable Bottles • Paper Cups

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You can make a difference. Ask retailers and restaurants to be green.
Your consumer power and your dollars matter!

*Have questions or want more **"living green"** ideas? Contact lois.sechrist@medxcelfm.com*