



**We are  
Called**

**TO HEAL. TO UNITE. TO JUSTICE.**

## Minority Mental Health Month

### Huddle Resources, 2022

#### Peace Be with You

##### Perspective Three: Ambassadors of Peace

You are an ambassador of peace. With every act of patient care you offer, every sigh or prayer for healing you express, or every response to assist another, your work brings God's peace to a world in need. Just as Jesus spoke these words to his disciples, may they shape the way you move and think and respond: "Peace be with you. As the Father has sent me, so I send you." (John 20:21)

##### Reflect:

Listen to the words of spiritual writer and thinker Henri Nouwen. Notice what phrase seems most significant today:

"Did I offer peace today? Did I bring a smile to someone's face? Did I say words of healing? Did I let go of my anger and resentment? Did I forgive? Did I love? These are the real questions. I must trust that the little bit of love that I sow now will bear many fruits, here in this world and the life to come."

Pause. Allow the words to settle into your spirit and your being. Receive them as a gift, that you might be for others one sent to offer peace.

##### Pray:

God who is Peace, we invite you into this day wholly and without reservation, hands clasped in prayer that your peace may envelope us, carry us, hold us tenderly as we work to similarly embrace those who are charged to our care.

God who is Peace, we pray that each of our interactions this day may be guided by the embrace of your everlasting love, that every step, every word, every action may be peace.

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**God who is Peace, our prayer this day is that we may we become the peace we pray for, and that our peace can overwhelm the world.**

In your name we pray, Amen.