



**We are  
Called**

TO HEAL. TO UNITE. TO JUSTICE.

# Minority Mental Health Month

## Huddle Resources, 2022

### Peace Be with You

#### Perspective One: Peace Among Us

The trauma the disciples had just experienced was palpable. Perhaps the teacher's hateful death reeled in their minds, their jaws sore from reiterating "I don't know, I just don't know." That night, just days after his death, the ghost of grief took on a new form as Jesus came and stood among them. In all that was real and felt and shared, there was another now here. Right in the middle of their fear-filled huddle.

Reflecting on this account, Dr. Jennifer Stanley, Ascension Family Physician and Regional Medical Director, notes, *"I am struck that they were not seeking out God, rather they were hiding away with fear. Despite this, Jesus sought them out, came into their midst and breathed on them the Holy Spirit."*<sup>1</sup>

*"Peace, be with you."* Peace is the absence of strife, a homeostasis of all things working soundly as they should, completely, wholly. *"Peace, be with you"* were the words of blessing Jesus spoke over the strung-out disciples as darkness surrounded them. *"Peace, be with you."*

#### Reflect:

Pause and consider the gift of peace in your call to serve.

- What events have your team endured today that provokes fatigue or fear among you? In other words, where is peace most needed right now?
- How might a new awareness of peace in your midst change your next encounter with patients, families, or co-workers?

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<sup>1</sup> Jennifer Stanley, MD, "As Public's Response to Pandemic Saps Inner Reserves, God Is With Me," Health Progress, Spring 2022, <https://www.chausa.org/publications/health-progress/article/spring-2022/as-public-s-response-to-pandemic-saps-inner-reserves-god-is-with-me>.



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## **Pray:**

God who is Peace, we invite you into this day wholly and without reservation, hands clasped in prayer that your peace may envelope us, carry us, hold us tenderly as we work to similarly embrace those who are charged to our care.

God who is Peace, we pray that each of our interactions this day may be guided by the embrace of your everlasting love, that every step, every word, every action may be peace.

**God who is Peace, our prayer this day is that we may we become the peace we pray for, and that our peace can overwhelm the world.**

In your name we pray, Amen.