Providence Institute for Human Caring *Get to Know Me* posters offer patients a way to show providers who they are as persons – to show who and what is important to them. The posters can be printed on glossy paper and easy to disinfect.

To mitigate the spread of Covid-19, many of ministries are restricting hospital visitations. *Get to Know Me* posters can help deliver patients from anonymity imposed by isolation. They also provide an opportunity for caregivers to better know patients and their loved ones.

For patients unable to complete their poster, staff can gather meaningful information from loved ones via telephone or telehealth platforms. This experience can give loved ones an opportunity to participate in the patient’s journey and ease their way during a very difficult time. *Get to Know Me* posters also can help caregivers by alleviating the distress of caring for a seriously ill patient about whom they may know very little.

**Two-Steps to Complete the Get to Know Me Poster**

**STEP 1: Caregiver Offers Posters**

Poster is given to the patient’s family and/or friends. It belongs to them*.

- Family members and friends can personalize for the patient
- Great shared activity by the patient’s family and friends

**STEP 2: Family & Friends Completes**

Poster is given to the caregiver.

- Poster can be placed inside the patient’s room, on the wall or whiteboard
- If infection control is an issue, place the poster outside the patient’s room in a HIPPA-compliant area such as the patient’s chart*

*Get to Know Me* posters belong to patients and their families and are not subject to Protected Health Information.

For more information, please email HumanCaring@providence.org