



**We are  
Called**

**TO HEAL. TO UNITE. TO JUSTICE.**

# Minority Mental Health Month

## Huddle Resources, 2022

### Peace Be with You

#### Perspective Two: Presence that Invites Belief

Attributed to Thomas Aquinas, it has been said, *“to one who has faith, no explanation is necessary. To one without faith, no explanation is possible.”*

Trust and doubt have been conversational companions these last few years, whether we invited them to the table or not. Our relationships have been challenged as each topic has been deconstructed. Whatever the issue, similar players have emerged: the skeptic, the convincer, the apathetic, and the believer. Since the beginning of time, our quest to discover what is most real can keep us at odds with each other. Truth is a precious commodity.

Ancient scripture recalls the time Jesus appeared to his disciples after his crucifixion. In the room with them that night, He became the evidence that resurrection was real. Yet they only recognized the truth when he deliberately showed them his healed hands and side. He did not explain or argue or try to convince. He simply made the invisible reality visible.

We are called to be ambassadors of Jesus’ healing ministry. Those we serve and serve alongside look to us to be recognizable signs of an invisible reality. The way we tenderly hold a compassionate gaze or extend willing hands to provide care, we communicate without rhetoric. When we listen with empathy and interest, seeking to understand another’s doubt or point of view, we offer trusted space that makes room for deeper questions to be revealed.

#### Reflect:

- What one action can you commit to today that might help a patient, family member, or co-worker find belief in doubt without words?
- How might your presence make an invisible reality visible?



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**Pray:**

God who is Peace, we invite you into this day wholly and without reservation, hands clasped in prayer that your peace may envelope us, carry us, hold us tenderly as we work to similarly embrace those who are charged to our care.

God who is Peace, we pray that each of our interactions this day may be guided by the embrace of your everlasting love, that every step, every word, every action may be peace.

**God who is Peace, our prayer this day is that we may we become the peace we pray for, and that our peace can overwhelm the world.**

In your name we pray, Amen.