



*A Passionate Voice for Compassionate Care*

## **STRENGTHENING AGING AND CHRONIC CARE SERVICES**

### **THE ISSUE**

Americans are living longer and increasingly face long-term care needs and challenges related to chronic illness. In fact, over 90 percent of current Medicare spending is for the treatment of chronic illness. CHA advocates public policies that promote a high quality, accessible and affordable continuum of care to address the needs of those who, because of frailty or chronic conditions, require continuing care, services and supports.

As people in our communities live longer and the need for long-term care services and supports grows, the Catholic health ministry is challenged to provide a compassionate continuum of services to address physical, social, psychological, and spiritual needs. This requires a shift in the focus of the health care system, from treating episodes of acute illness to an emphasis on maximizing health and independence and managing chronic illnesses. The essential challenge for policy makers and providers alike is to design a system that is adequately structured, financed and accessible to provide quality services along a continuum.

### **MINISTRY TRADITION**

The mission of the Catholic health ministry is to serve those in need, with special concern for those who are vulnerable through poverty or disability, and to create a society in which everyone has the necessary resources to achieve physical, mental, spiritual, emotional and social health. Ensuring the availability of continuing care throughout illness and in frailty is at the heart of our commitment.

### **CHA'S POSITION AND ACTIVITIES**

CHA strongly supports efforts to coordinate and integrate person-centered health care and social services along the continuum of care, to ensure the best outcome for everyone. CHA activities have included:

- Researching how long term care organizations are improving care and decreasing costs by reducing the number of discharged hospital patients from being readmitted
- Monitoring how Medicaid managed care is including long-term care services and support in serving older Medicaid beneficiaries and others who are dually eligible for Medicare and Medicaid
- Sharing information about how CHA members are creatively developing a continuum of services, including more home and community-based services; the use of tele-health; health homes; and population health management
- Developing educational resources for health care organizations to work with faith congregations in order to support older persons and their care givers in the community
- Studying how to achieve a high quality and stable work force.
- Promoting an Age-Friendly Health system, in partnership with the American Hospital Association, in an initiative sponsored by the John A. Hartford Foundation and led by the Institute for Healthcare Improvement

CHA supports policies that:

- Provide adequate and sustainable financing to ensure the ability of long-term care facilities and services to provide quality and compassionate care
- Promote improved coordination of care for those with chronic or serious illness
- Provide the elderly and persons with disabilities options to receive long-term care services and supports in the most appropriate care setting, whether at home, in the community (such as PACE) or in a residential facility
- Include participation of the full continuum of care, including long-term care facilities in federal demonstrations and other program such as bundled services, accountable care organizations and medical homes
- Promote access to affordable senior housing with the necessary and appropriate services and supports
- Improve access to high quality palliative care
- Promote a nursing home survey and certification system that achieves quality care through a fair and insistent inspection system.

CHA will address these issues in collaboration with partners in the long-term care continuum, including the LeadingAge, the American Health Care Association and other faith-based providers and consumer organizations.