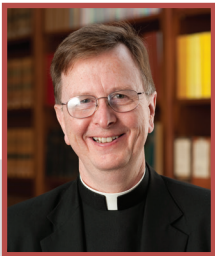




Effective Palliative Care

IN LONG-TERM CARE



Fr. Myles
Sheehan, SJ, MD



Tina Picchi



Sr. Annelle
Fitzpatrick, CSJ, PhD



Sr. M. Peter
Lillian Di Maria,
O.Carm.



Geraldine Gracey,
RN, BA, CRRN



Joan Murphy,
MSW, LICSW

Providing palliative care in any health-care setting is a great opportunity to meet the growing demands of those we care for and their families while creating a supportive care experience. Formalizing palliative care in the long-term setting allows residents, staff and families to have a greater understanding of the principles of this care and the physical, emotional and spiritual comfort it brings to each person. This 5-hour seminar will feature four sessions, providing an overview and methods to direct effective palliative care. Participants will also receive tools and insights on how to develop and sustain palliative care programs.



DATE / LOCATION

June 4, 2016

JW Marriott Orlando, Grande Lakes
4040 Central Florida Parkway
Orlando, Florida 32837



REGISTRATION

SPACE IS LIMITED

\$215.00 — AIG & CHA Members

\$240.00 — Non-Members

*Includes presentation materials,
lunch and breaks.*

For up-to-date credit information for Administrators, Nurses, Social Workers, Dietitians, and Catholic Chaplains see our website www.avilainstitute.org.

Register online at
www.chausa.org/assembly2016

8:00 am Registration
8:30 am Welcome
Call to Prayer

8:45 – 9:45 am
Barriers to Excellent Palliative Care in the Long-term Care Setting

Fr. Myles Sheehan SJ, MD,
Assistant to the Provincial for Senior Jesuits,
USA Northeast and Maryland Provinces

In this session, Fr. Myles Sheehan SJ, MD, will present a vision of Palliative Care as the guiding model for long-term care, using a mix of presentation and discussion. This Palliative Care model emphasizes care in the social, psychological, and spiritual realms. It simultaneously aims at providing medical and nursing care that maintains and improves function as much as possible, limits interventions that could cause harm, and pays careful attention to suffering in any form. Fr. Sheehan will present barriers to such a model including confusion about palliative care, fear of change, resistance to de-medicalizing the nursing home and long-term care environment, finding staff who are committed to this model, and likely regulatory challenges.

9:45 - 10:00 am BREAK

10:00 am – 12:15 pm (includes 15 min. break)
Cultural Competency and Palliative Care: The Rites, Rituals and Beliefs of New Immigrants

Sr. Annelle Fitzpatrick, CSJ, PhD,
Associate Professor of Sociology
at St. John's University in New York

Relieving the pain and suffering of persons with a serious, chronic and life-threatening illness is the central goal of Palliative Care. An essential component of this unique, multi-disciplinary approach is the inclusion of spiritual support for individuals seeking such assistance. However, as healthcare providers, we must be aware that as the US becomes home to more immigrants, Catholic facilities must be prepared to also offer spiritual support to Muslim, Hindu, Sikh or Buddhist patients. In this session, Sr. Annelle Fitzpatrick, Ph.D. will give an overview of the spiritual belief of patients outside the Judeo-Christian tradition (i.e. "Crossing the Sirat Bridge", "The Burning of Hell Money", "The 2 Questioning Angels" and "The Weighing of the Books", etc.) to enlighten participants on the complexity of religious beliefs related to death and dying. Sr. Annelle will also highlight the need for Catholic institutions to develop a comprehensive and multi-religious paradigm of spiritual care designed to meet the religious needs of new immigrant populations.

12:15 pm – 1:15 pm LUNCH

1:15 – 1:45 pm
Advancing Excellence in Palliative Care: The Supportive Care Coalition's Mission

Tina Picchi, Executive Director,
Supportive Care Coalition – Advancing the
Excellence in Palliative Care

This presentation illustrates how Palliative Care is a hallmark of Catholic health care intrinsic to our healing mission. Tina Picchi will discuss the current state of Palliative Care and gaps across the care continuum, describe the Coalition's commitment to partner with others to bridge these gaps, and identify Palliative Care practices that increase inter-professional teams' ability to attend to the whole person.

1:45 - 2:00 pm BREAK

2:00 – 3:30 pm
Establishing a Formalized Palliative Care Program in Long-term Care

Sr. M. Peter Lillian Di Maria, O.Carm.,
BA, LNHA, Director, Avila Institute of
Gerontology, Inc.

Joan Murphy, MSW, LICSW, Director of
Social Services, St. Patrick's Manor

Geraldine Gracey RN, BA, CRRN, Clinical
Instructor, St. Patrick's Manor

Establishing a formalized Palliative Care Program involves three critical pieces: providing education, using a team approach, and assessing for the five domains of pain (physical, social, familial, psychiatric, and emotional pains). The holistic approach assesses and provides care for the 5 domains of pain a person may experience when entering long-term care or are faced with life-altering illnesses. It involves caring for the whole person, not just their physical needs. In this session Sr. M. Peter Lillian, Joan Murphy and Geraldine Gracie will explore the model of care adopted by the facilities served by the Carmelite Sisters for the Aged and Infirm. The presentation will discuss how to implement a sustainable Palliative Care program in long-term care including best practices and overcoming barriers.

REGISTRATION AND CREDIT INFORMATION

REGISTRATION

\$215.00 — AIG & CHA Members
\$240.00 — Non-Members

Includes presentation materials,
lunch and breaks.

To register go to
www.chausa.org/assembly2016

REFUND POLICY: Space is limited. Cancellation and refund requests must be made in writing (mail or email). Phone cancellations will not be accepted. A refund of the full registration fee, minus a \$50 cancellation fee, will be given for cancellations received by April 1, 2016. A refund of 50% of the registration fee will be given for cancellations received between April 2 and May 5, 2016. No refunds will be granted for requests made after May 5, 2016. Please contact us for more information.

CANCELLATION REFUND POLICY: The Avila Institute of Gerontology reserves the right to cancel any scheduled seminar due to unforeseen circumstances up to one week in advance of the scheduled workshop with full refund of any registration payment.

CREDIT INFORMATION

For up-to-date credit information for Administrators, Nurses, Social Workers, Dietitians, and Catholic Chaplains see our website www.avilainstitute.org.