**Touch Those Who are Sick**

A cry for healing is among our most urgent prayers. When we and others are [in pain](http://christianity.about.com/od/topicaldevotions/a/whyme.htm), we can turn to the Great Physician. It doesn't matter whether we need help in our body or our spirit; God has the power to alleviate suffering.

Lord, you invite all who are burdened to come to you. Allow your healing hand to comfort those in need. Touch their souls with your compassion for others, their hearts with your courage and infinite love, and touch their minds with your wisdom.

Bring them health in body and spirit, that all may serve you. Amen.