**In Your Loving Presence**

God, if I am challenged today,

if there is anything difficult or painful I must face,

help me to let go of anxiety about the outcome,

and to be mindful of your presence with me.

No matter where I am, what my circumstances,

what my past has held, or what I need to do,

in every struggle, every birth and death, great or small,

in this moment you are here, in loving presence.

Your life flows in me, and through me.

Your breathing fills me, and awakens me.

Your blessing surrounds me; your delight sustains me.

Your will creates me. Your light guides me.

Let this be my path: to be with you, and that alone;

and to choose my way by this light.

Help me to let go of anxiety about the outcome,

and to be mindful of your presence with me.

* A Prayer by Chuck Hawley, a long-term care leader from Providence Health & Services

who wrote and shared this in his last days of battling cancer.