

A Blessing for the Sick

May you be held in love.
May tenderness carry you.
May the pain you know
Too well
Be lifted from you.

May your heart's heaviness
Be lightened by grace,
May hope abound for you.

May those who serve you
Care for you.
May their expertise help you,
Their compassion sustain
you.

May you know you are not
alone
But always loved by God.

May you see miracles
And know you are one.
May your courage give us
courage.
May your love hold us
tenderly.

And may you dwell in peace
In the midst
The depth
The breadth of
Your being.
Amen.

This blessing comes from the book, *Voices from the Journey*,
authored by Sr. Juliana Casey, IHM.

Learn more about the book at www.chausa.org/voices

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