



# Ascension

***RESPECT PROGRAM: A Human Trafficking and Healthy Relationship Education Program to Build Resilience and Offer Support to Youth.***

**1. Persons to be Served:**

All participants of this program will be inpatients at Ascension Via Christi Behavioral Health on the Adolescence Unit. This particular population is at high risk for human trafficking which is evident by the vulnerabilities of age and mental health status.

**2. Purpose**

The purpose of this program is to work to end child trafficking and other forms of abuse through prevention education and empowerment.

**3. Goals and Objectives:**

The **goals** of the program are to:

- Build awareness and understanding of human trafficking and other forms of abuse
- Enhance skills to recognize abusive or deceitful behavior
- Provide a variety of resources for support
- Empower youth
- Provide processing and debriefing groups

The **objectives** of the program include:

- Understand and describe key terms
- Recognize who can be affected by human trafficking and other forms of abuse
- Identify human trafficking recruitment strategies
- Describe characteristics of healthy and unhealthy relationships
- Identify indicators and red flags of grooming and recruitment
- Recognize available resources and support
- Understand how technology can be used in a harmful manner
- Develop a safety plan